

## Poppy Class – COVID Summer planning

### **Week 4: Cooking Focus**

During the summer term the **Cooking Focus** is **Where the food comes from**. Our aim with this topic is for the children to explore and understand as much as they can where the food comes from. They can also learn about healthy options when cooking (linking it with PSED) and the use of different techniques to prepare healthy recipes to follow a balanced and healthy diet.

All the summer term subjects: Science (transport, movement, sea, continents), P.E. (movement), Literacy focusing on the book “Pussycat, pussycat where have you been? I’ve been to London to visit the Queen” (where all these subjects are linked in a cross-curricular way), Art (Composition) and Maths (2D-3D shapes) are connected in a cross-curricular way to make your child’s experience meaningful and engaging.

Following the topic of the book that we’re exploring during the term, we will focus on British recipes and London’s typical dishes. You can also link it to their favourite food, including every member of the family.

### **Activities**

- Choose one recipe and prepare it following the steps. Model for your child and let them participate as independently as possible!
- Look on the internet where the ingredients come from.
- Make a shopping list – choose symbols, write, trace the words.
- Grow some vegetables at home.

### **Resources**

Recipes for kids:

<https://www.greatbritishchefs.com/collections/kids-recipes>

<https://www.kids-cooking-activities.com/British-cooking.html>

<https://www.bbcgoodfood.com/recipes/category/family-kids>

Where the food comes from:

<https://youtu.be/9Opt06QF9WY>

<https://www.bbc.co.uk/bitesize/topics/zn3v4wx>

Songs about cooking: [https://youtu.be/i\\_JQwhPKzdl](https://youtu.be/i_JQwhPKzdl)

How to grow store bought vegetables:

<https://youtu.be/KtmyE12e8LI>

Cooking games:

<https://www.busythings.co.uk/play/>



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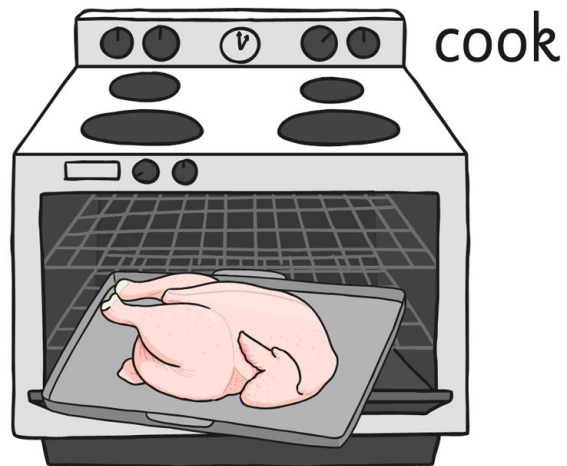
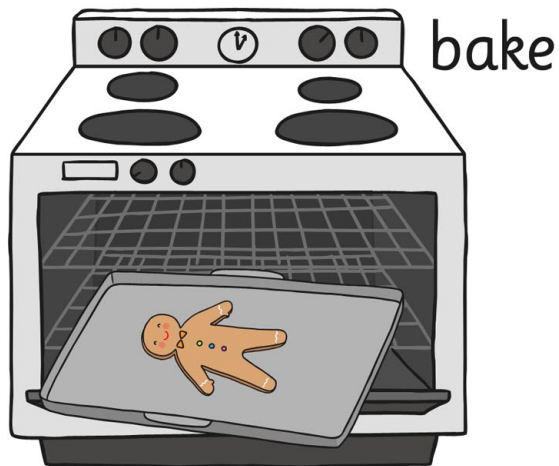
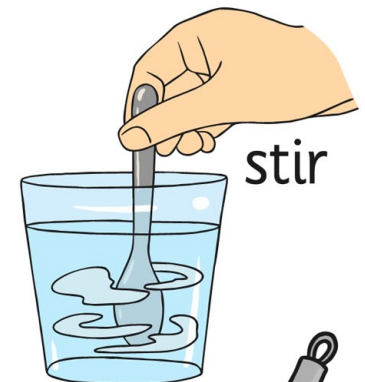
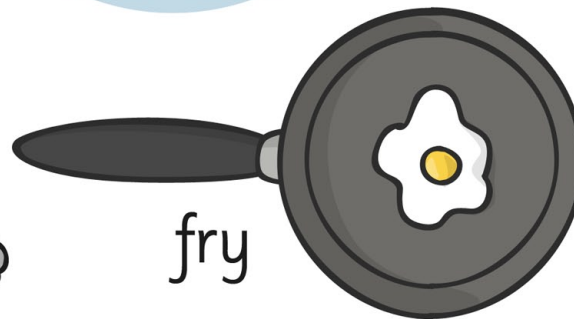
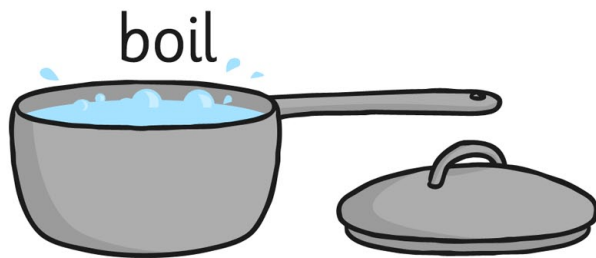
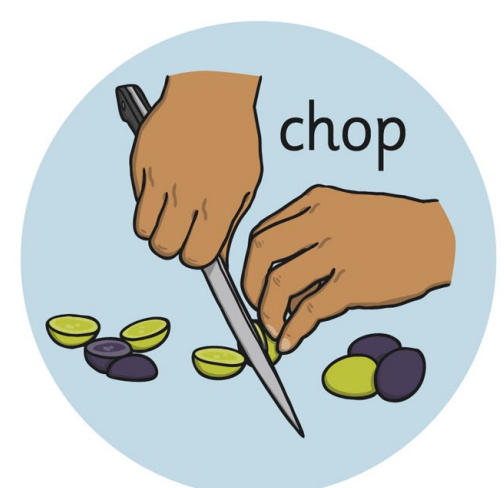
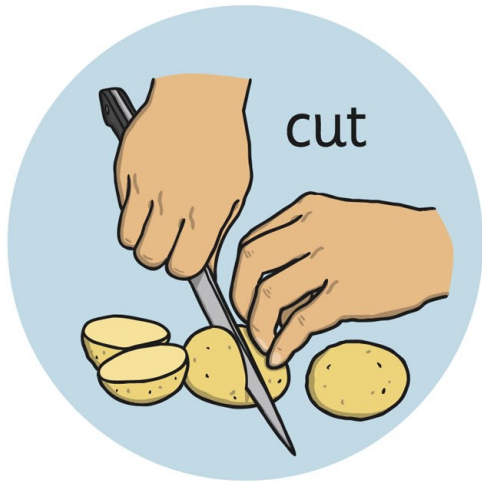
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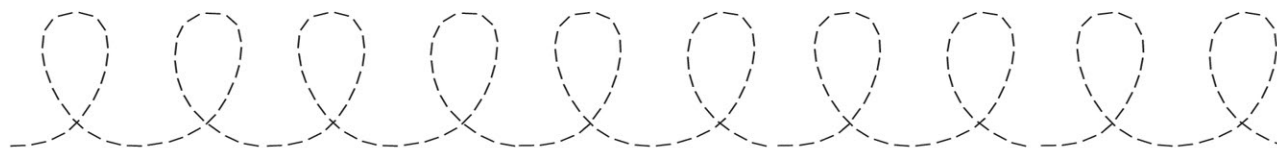
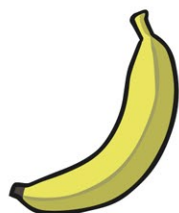
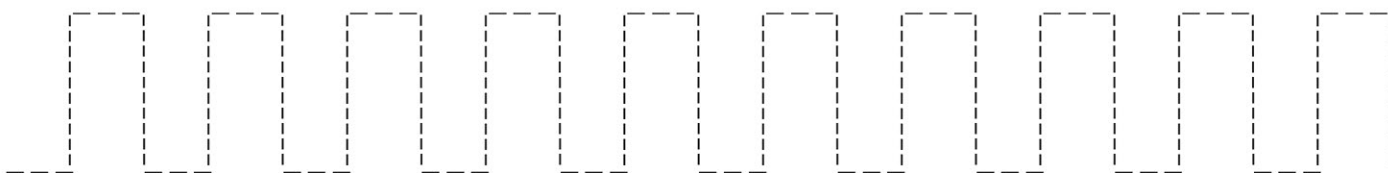
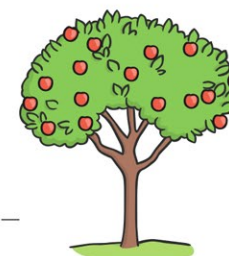
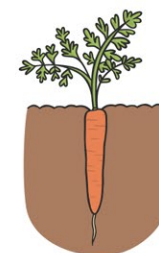
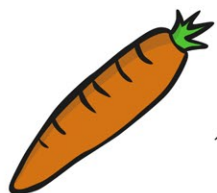


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# Cooking Verbs

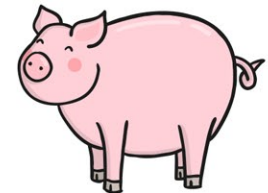
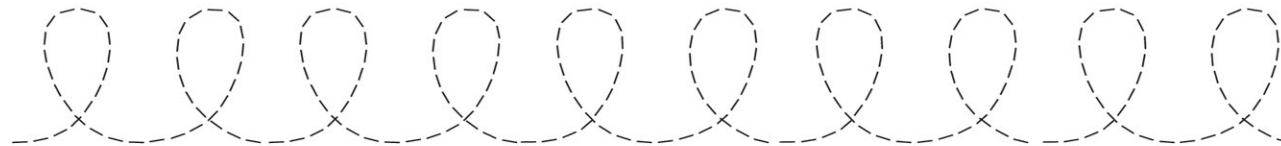
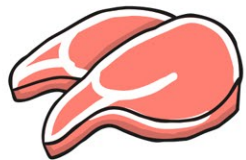
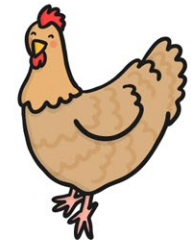
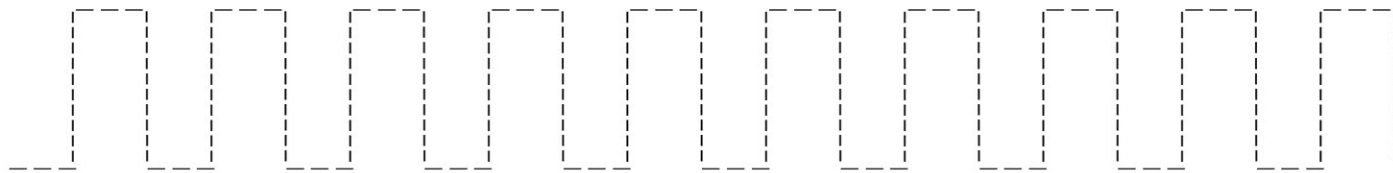
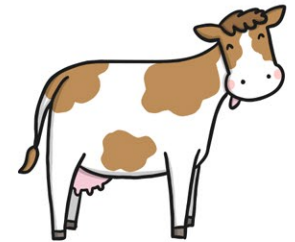
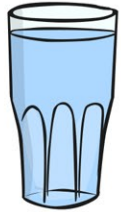


# Where Does Food and Drink Come From?

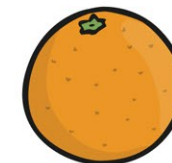
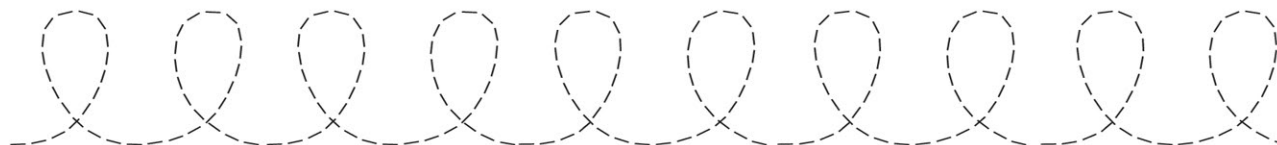
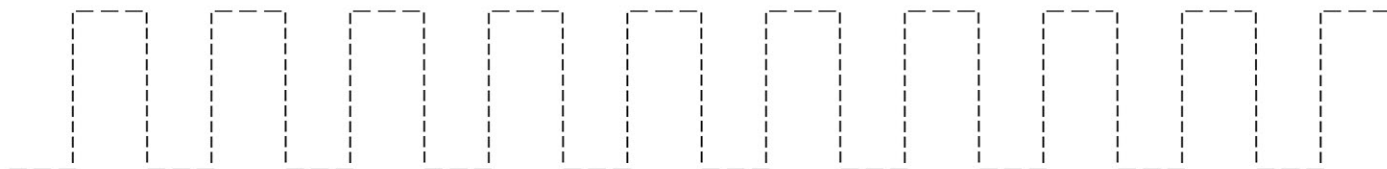


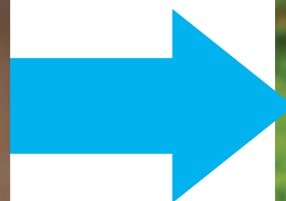


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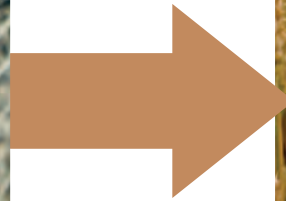
# Where Does Food and Drink Come From?





**Milk** comes from a **cow**.



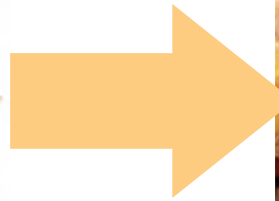


**Bread comes from wheat.**

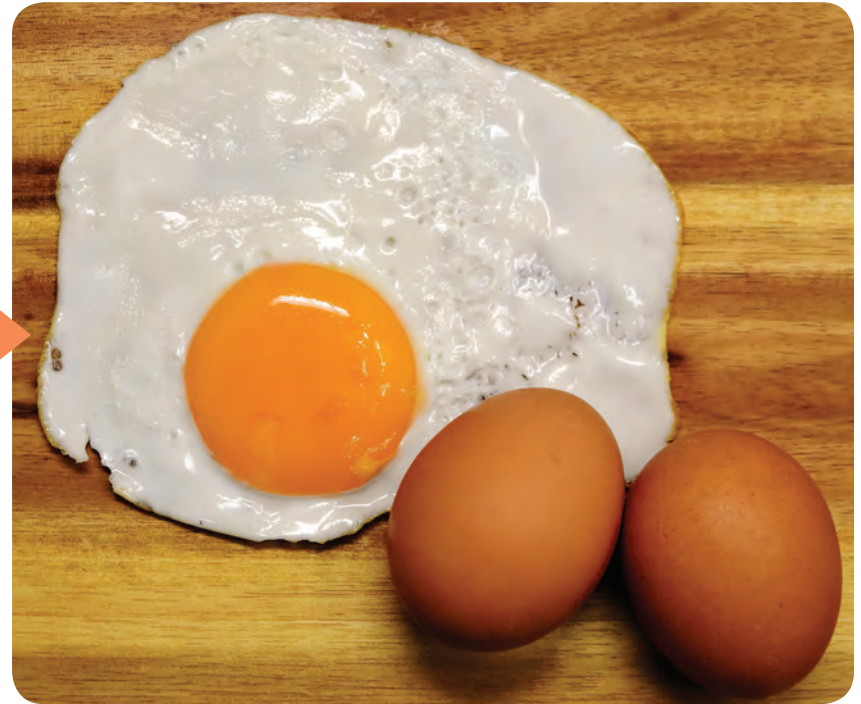
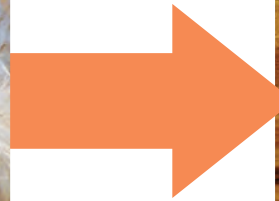


**Pork** comes from **pigs**.





**Chips** come from **potatoes**.

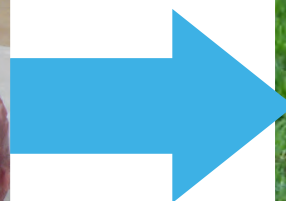


**Chickens** lay **eggs.**





**Tomato sauce** is made from **tomatoes**.



**Lamb** comes from **lambs**.