

Caterpillar Crunch Playdough Recipe

You will need:

- 1 cup flour
- ½ cup salt
- 2 tbsp cream of tartar
- 1 tbsp oil
- Yellow food colouring or 1 tbsp yellow powder paint
- 1 cup boiling water
- Few drops glycerine
- Yellow split peas
- Couscous
- Additional decorations e.g. matchsticks, straws, bottle tops, pom-poms (optional)

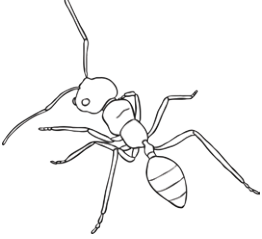

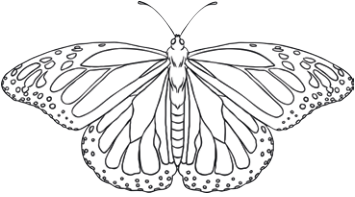
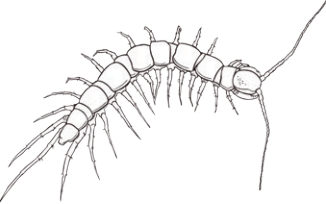
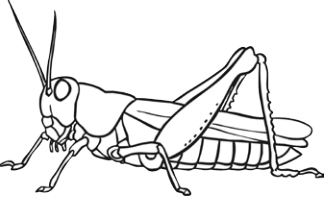



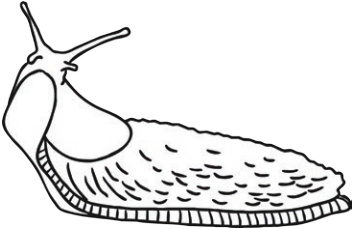
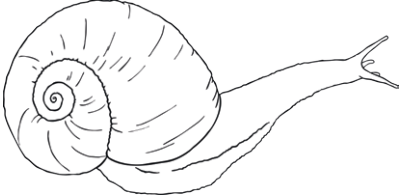
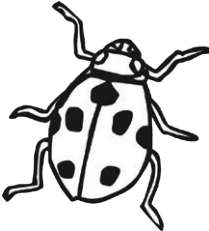
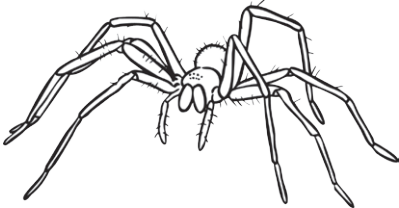
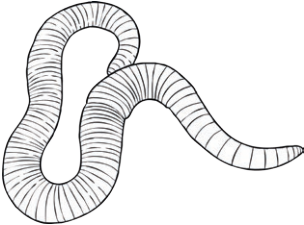
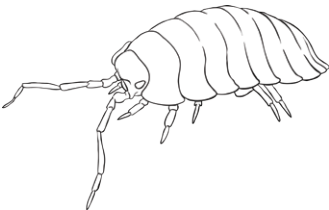

Method

1. Mix together the flour, salt, cream of tartar and oil in a large mixing bowl
2. Add 5-10 drops of the food colouring/powder paint (depending on how dark you want the playdough), to 1 cup of boiling water
3. Add the water gradually to the other ingredients in the large bowl, then add a spoonful of the split peas and couscous
4. Stir the mixture well until it is combined together
5. Once you feel it has cooled enough, roll it out on a flat surface, knead it together and get playing
6. You may like to add some items to the dough to make a caterpillar, e.g. matchsticks, straws, bottle tops, pom-poms etc



My Bug Count

Bug	Tally	Total
		
		
		
		
		
		

Dave the Dog is worried about coronavirus

a nurse Dotty book



There was once an owl called Dotty,
A nurse with a uniform all spotty.



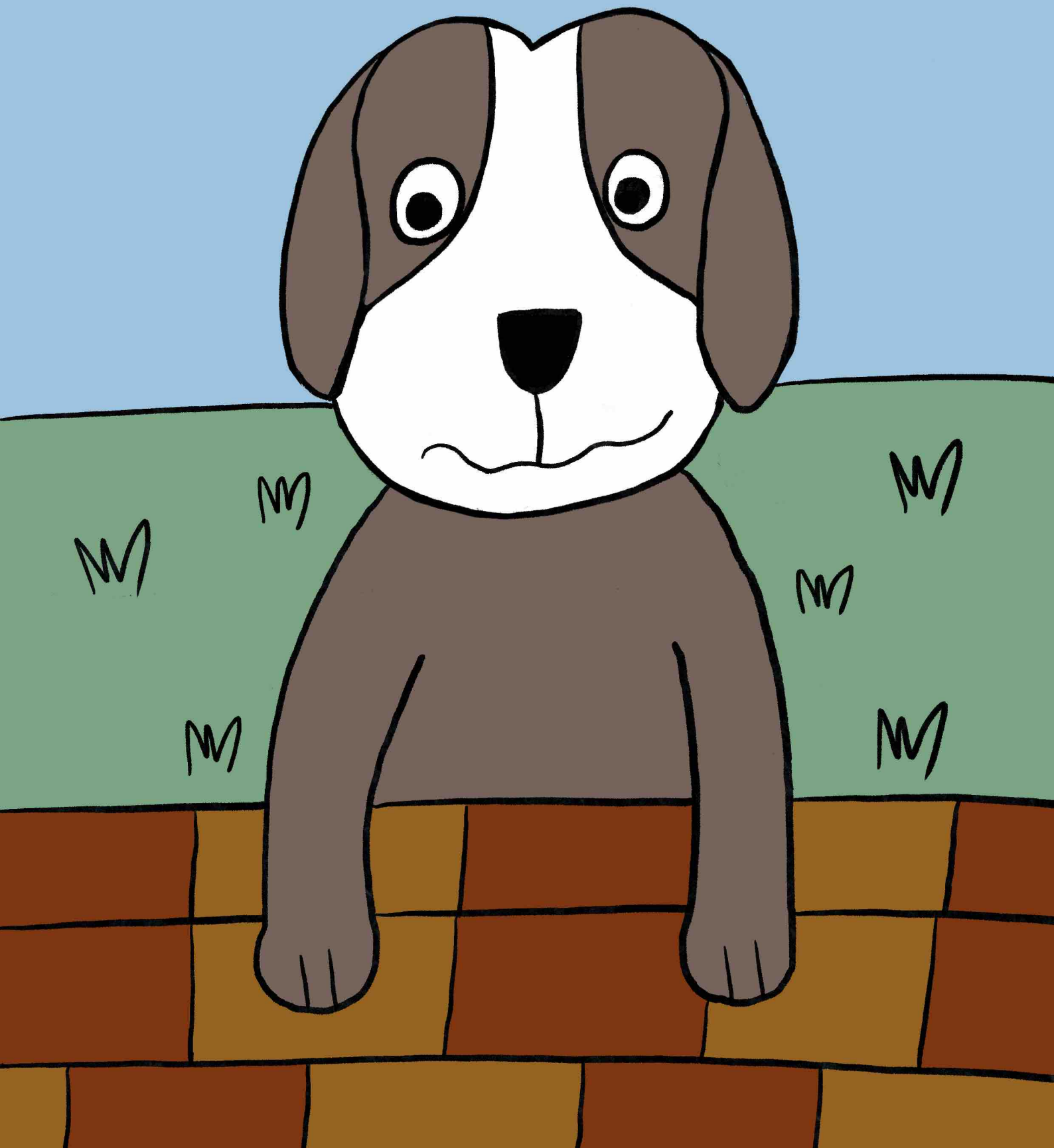
She works in the hospital up the hill,
Looking after all the children who are ill.



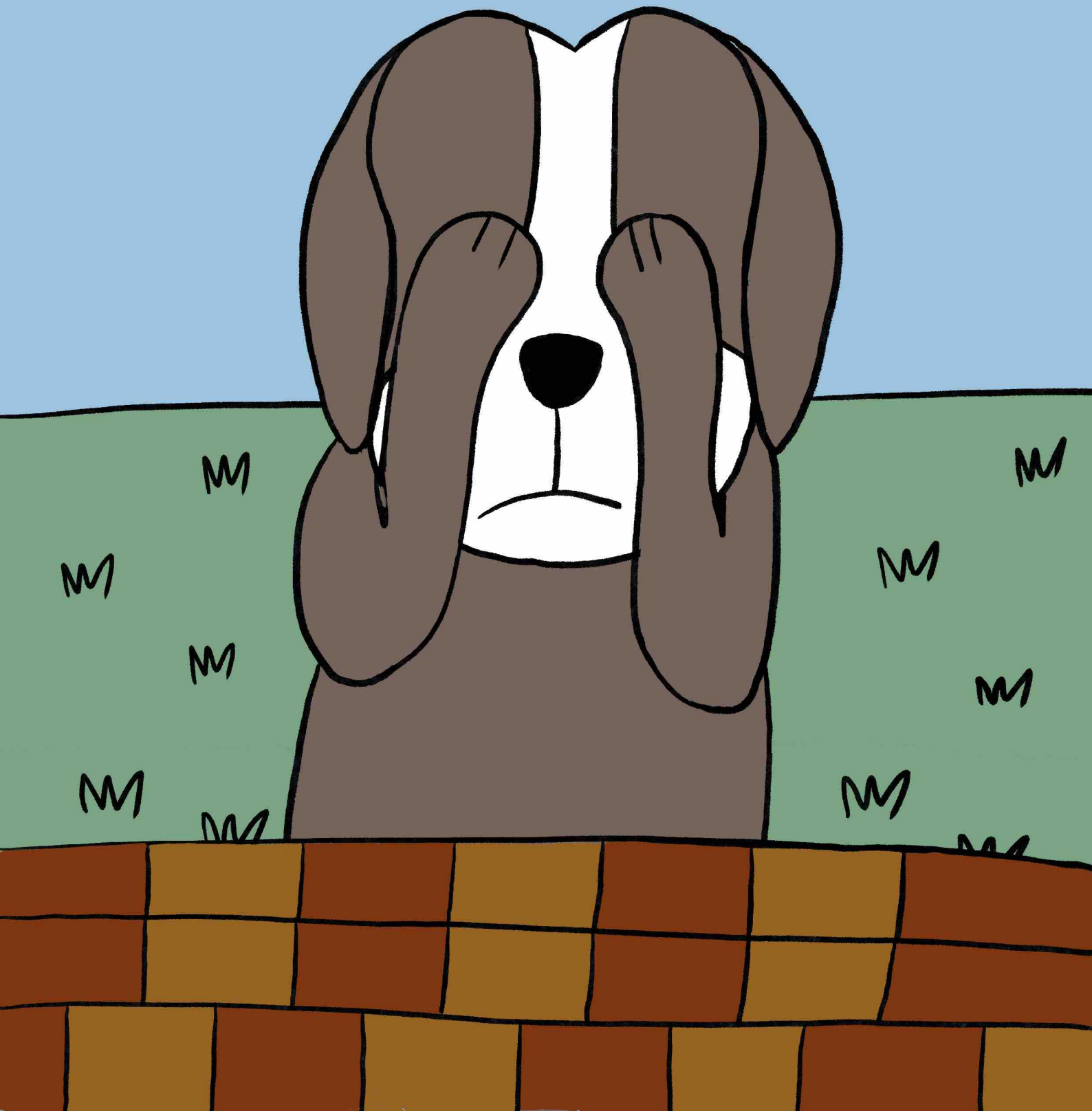
Near to Dotty there lives a dog called Dave,
Who every morning gives nurse Dotty a
wave.



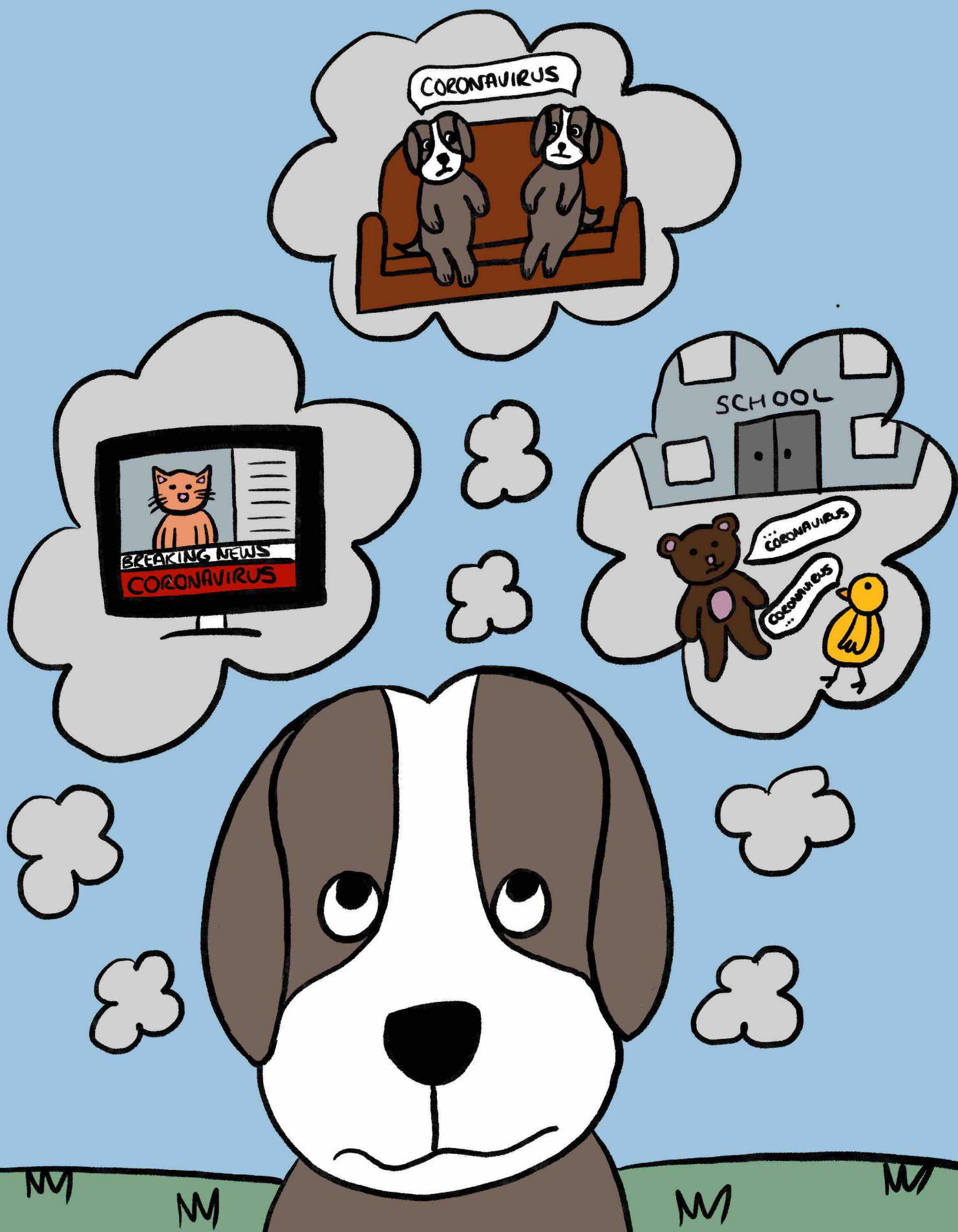
But this morning Dave doesn't have his
normal big grin,
Because there is something really worrying
him.



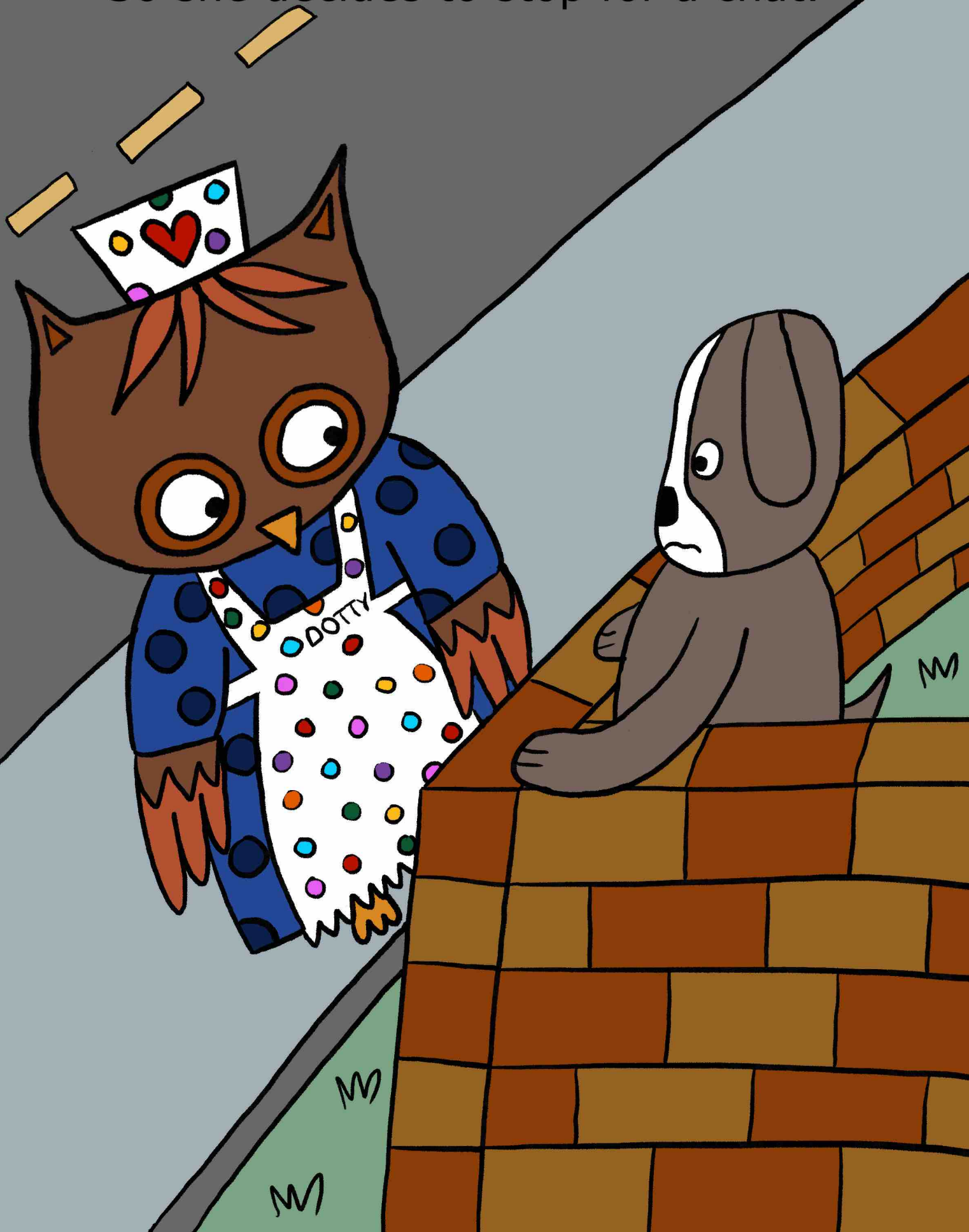
There has been talk about coronavirus
everywhere,
And hearing about it is giving Dave a big
scare.



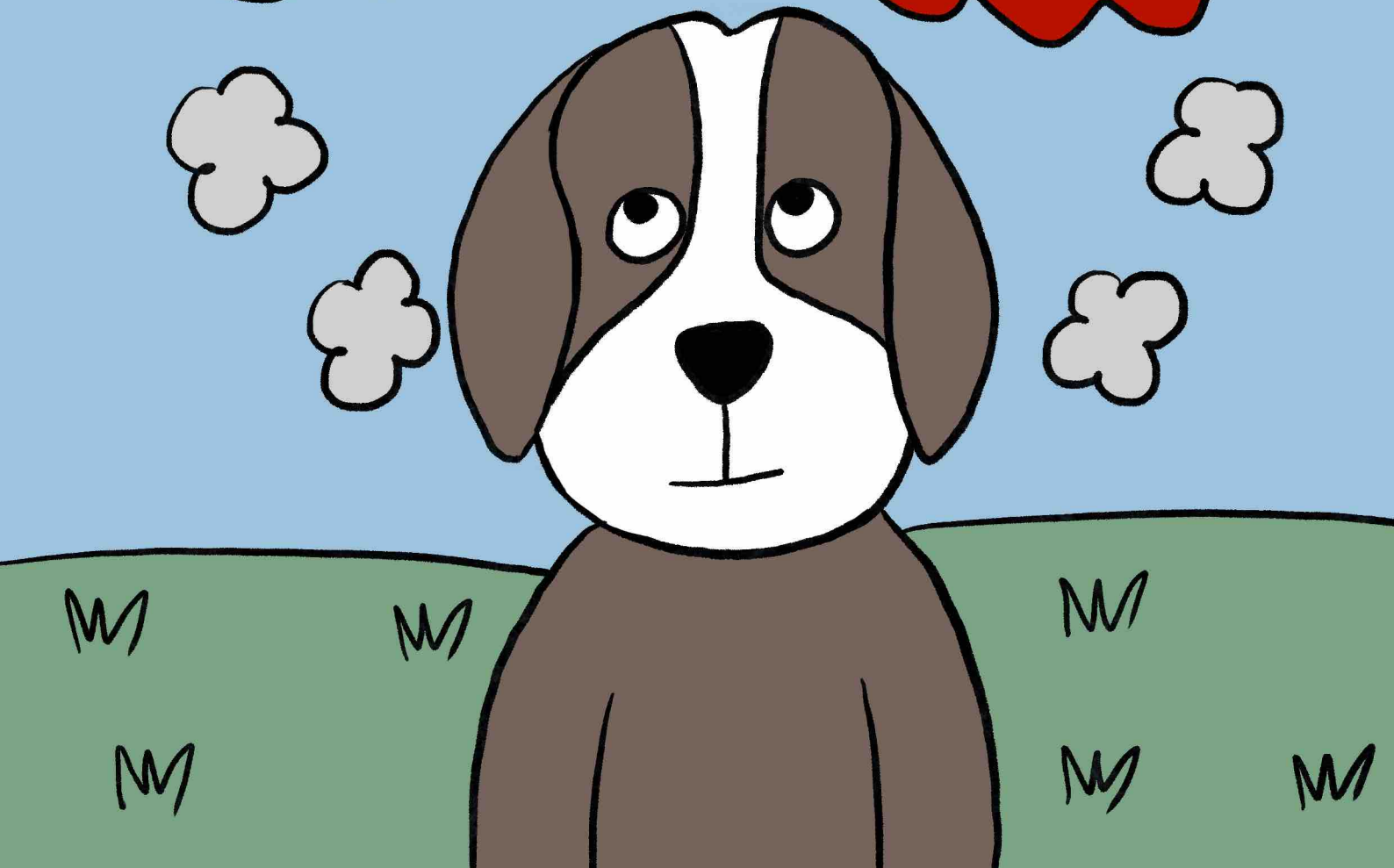
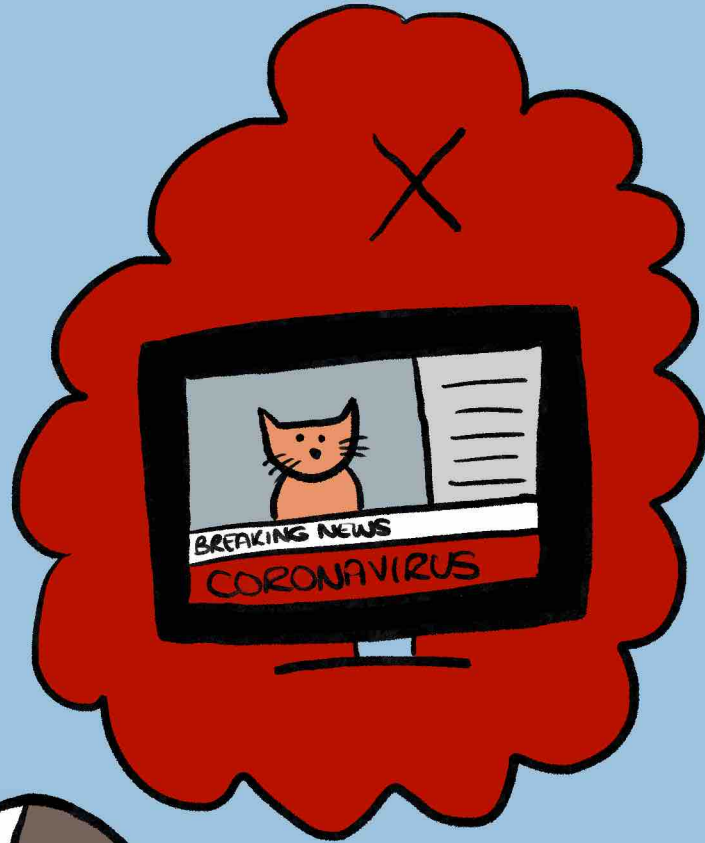
It is on the TV, at home and school everyday,
Dave is worried that everything won't be
okay.



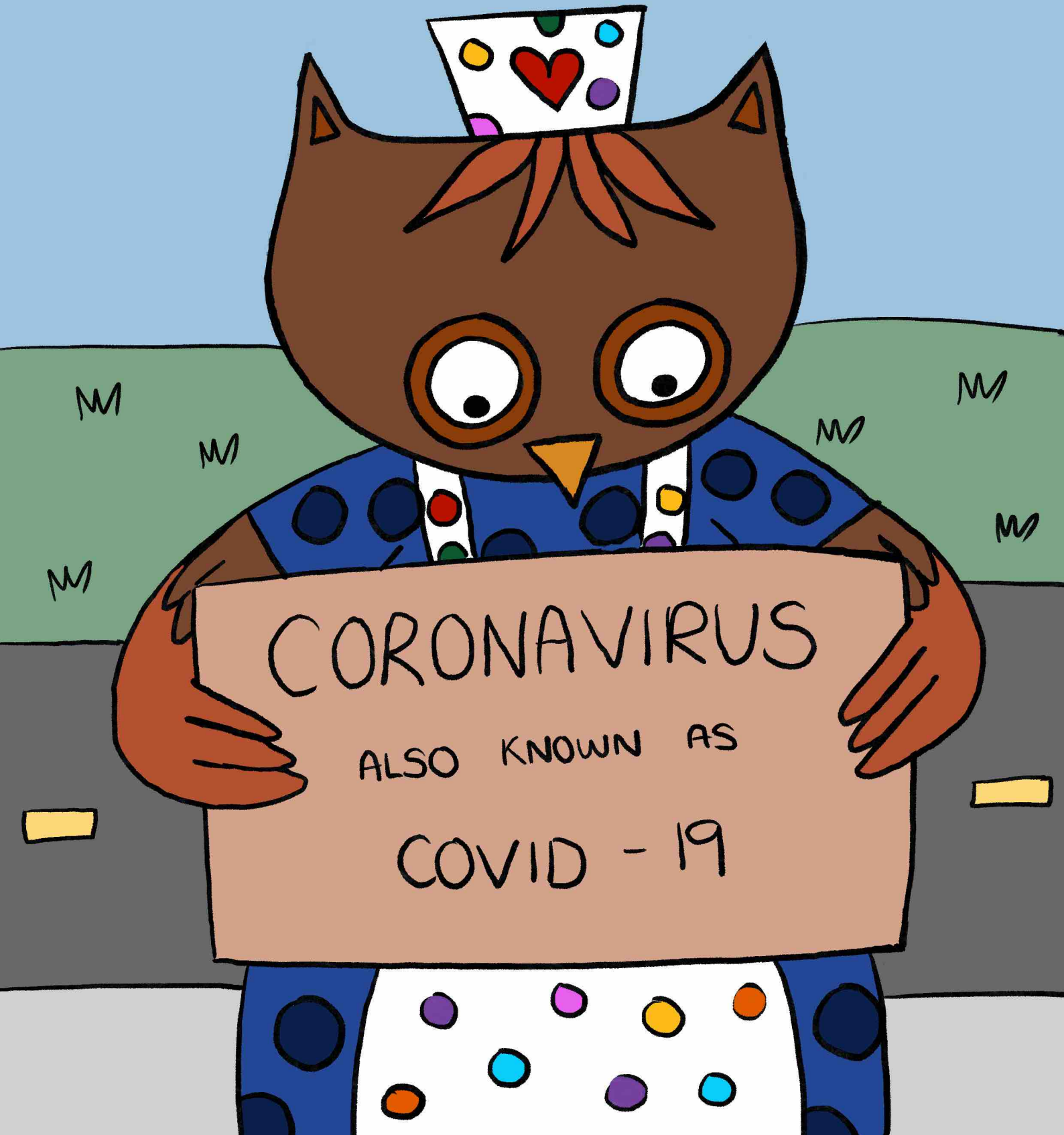
Dave is anxious and nurse Dotty can see
that,
So she decides to stop for a chat.



There is lots of different and scary things
being said,
So nurse Dotty wants to make sure Dave
knows the truth instead.



Nurse Dotty tells Dave that coronavirus is an illness that some people will get,
But that most people will not get really poorly from it.



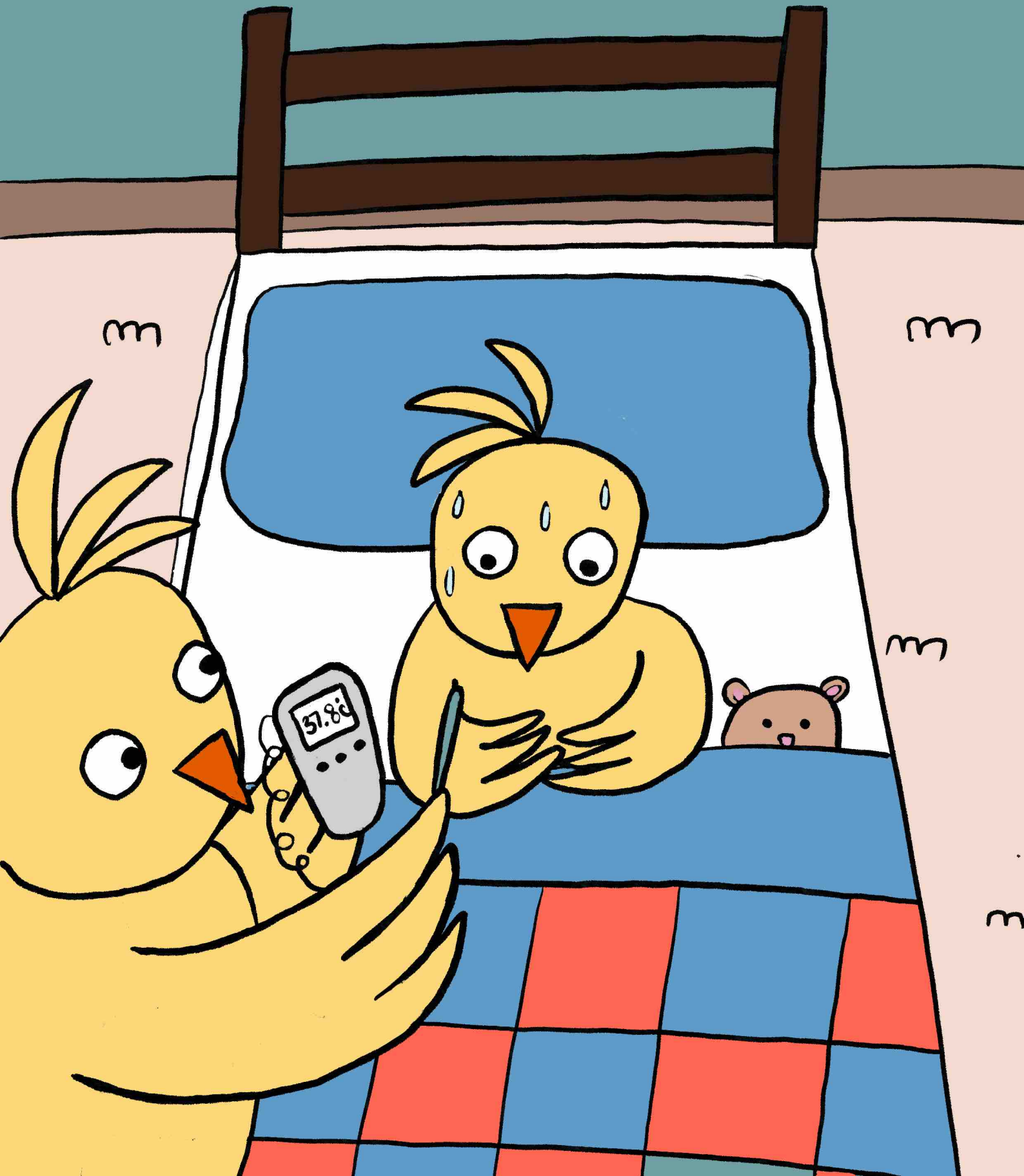
For most it is like a cold or flu they might get
when it's colder,
But we should be careful to protect ourselves
and those who are unwell or older.



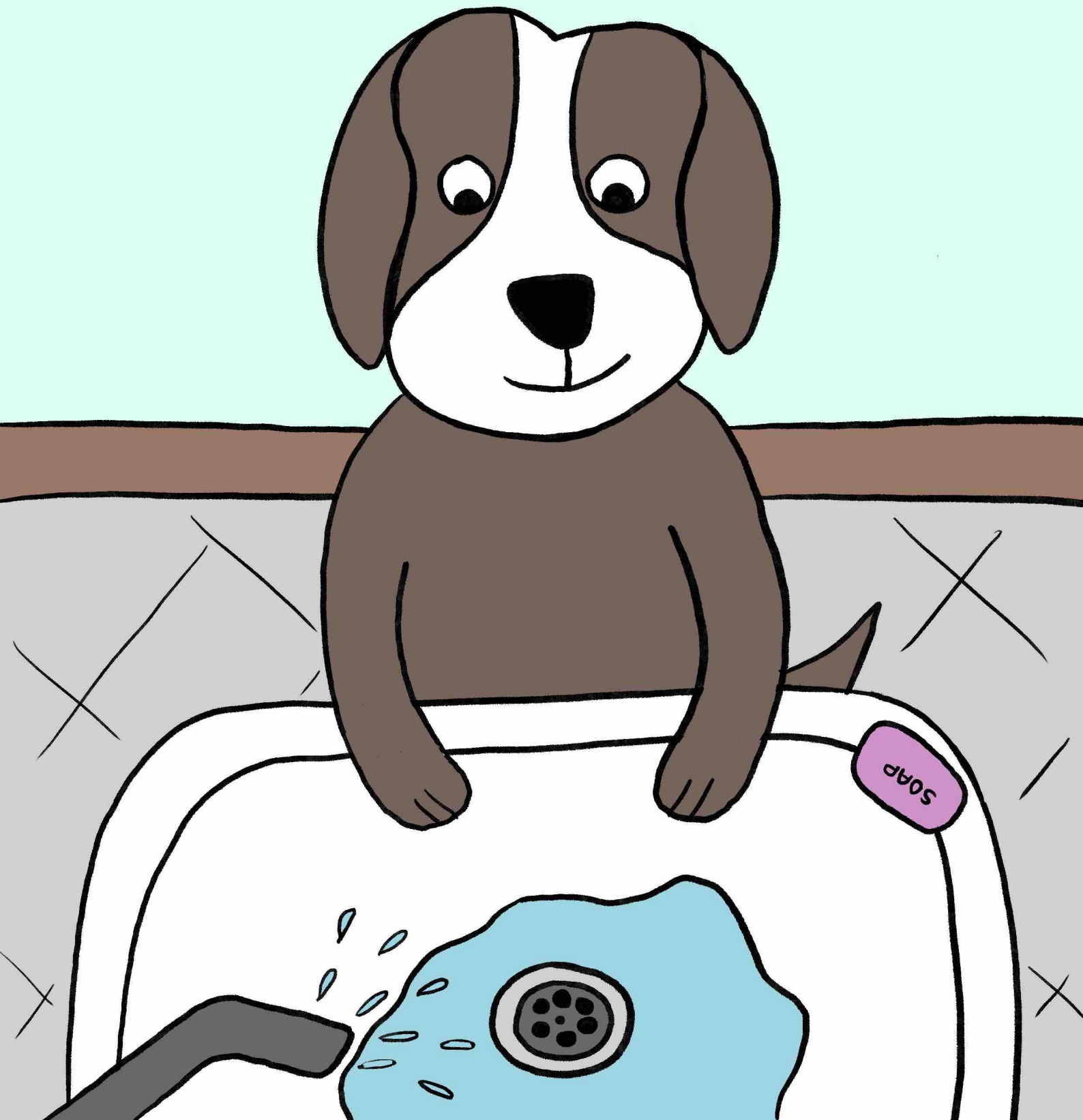
Dave asks if it's true that someone has it if
they're coughing a lot,
Nurse Dotty says coughing is a symptom but
it might not be coronavirus they have got.



With coronavirus they may get a fever and
be a bit short of breath too,
But these things are also symptoms of a cold
or flu.



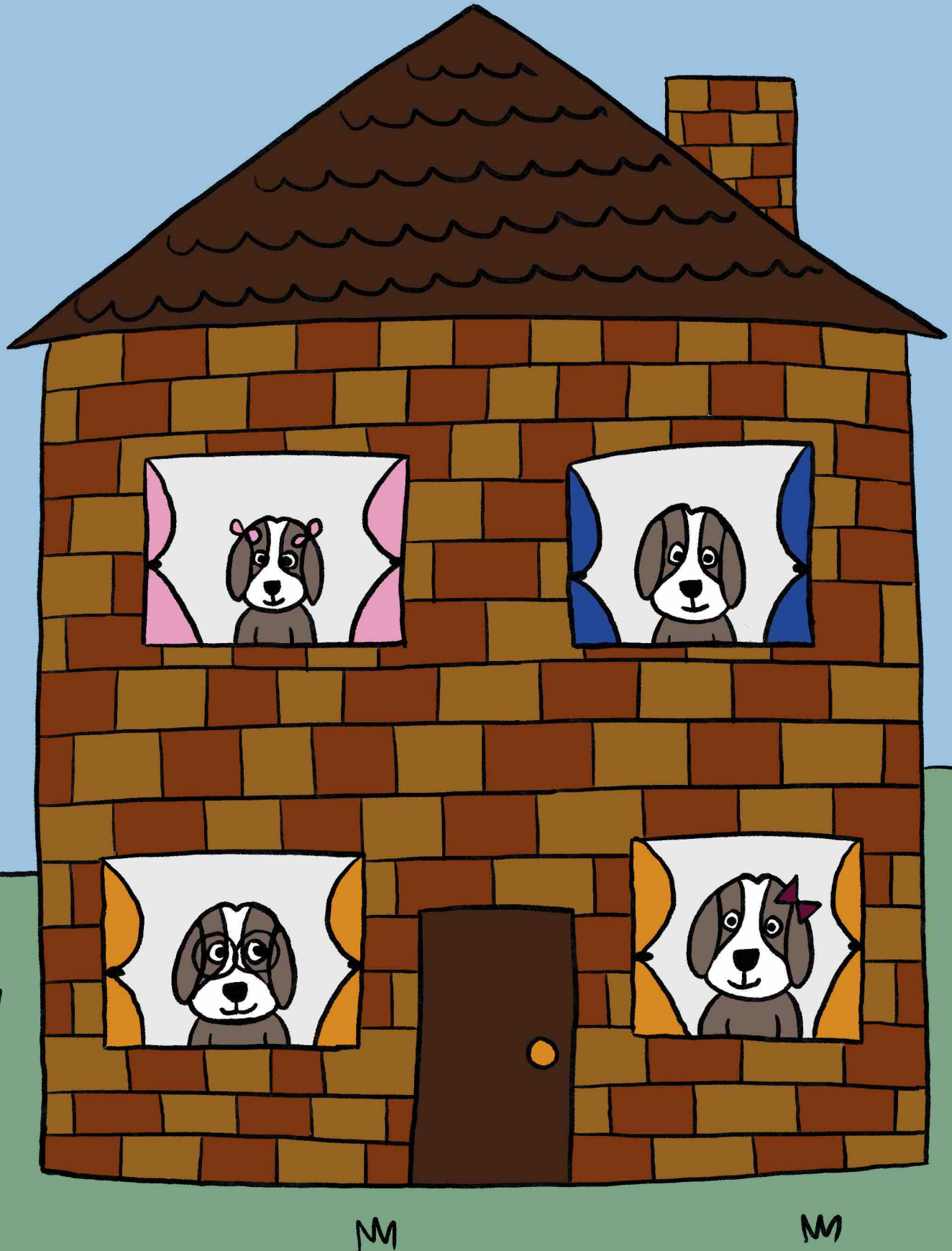
Nurse Dotty said washing his hands is the most important thing Dave should do, It should be for at least 20 seconds or singing happy birthday twice through.



This will help to try stop him from getting
coronavirus himself,
And it's a way that Dave can help to protect
everybody else.



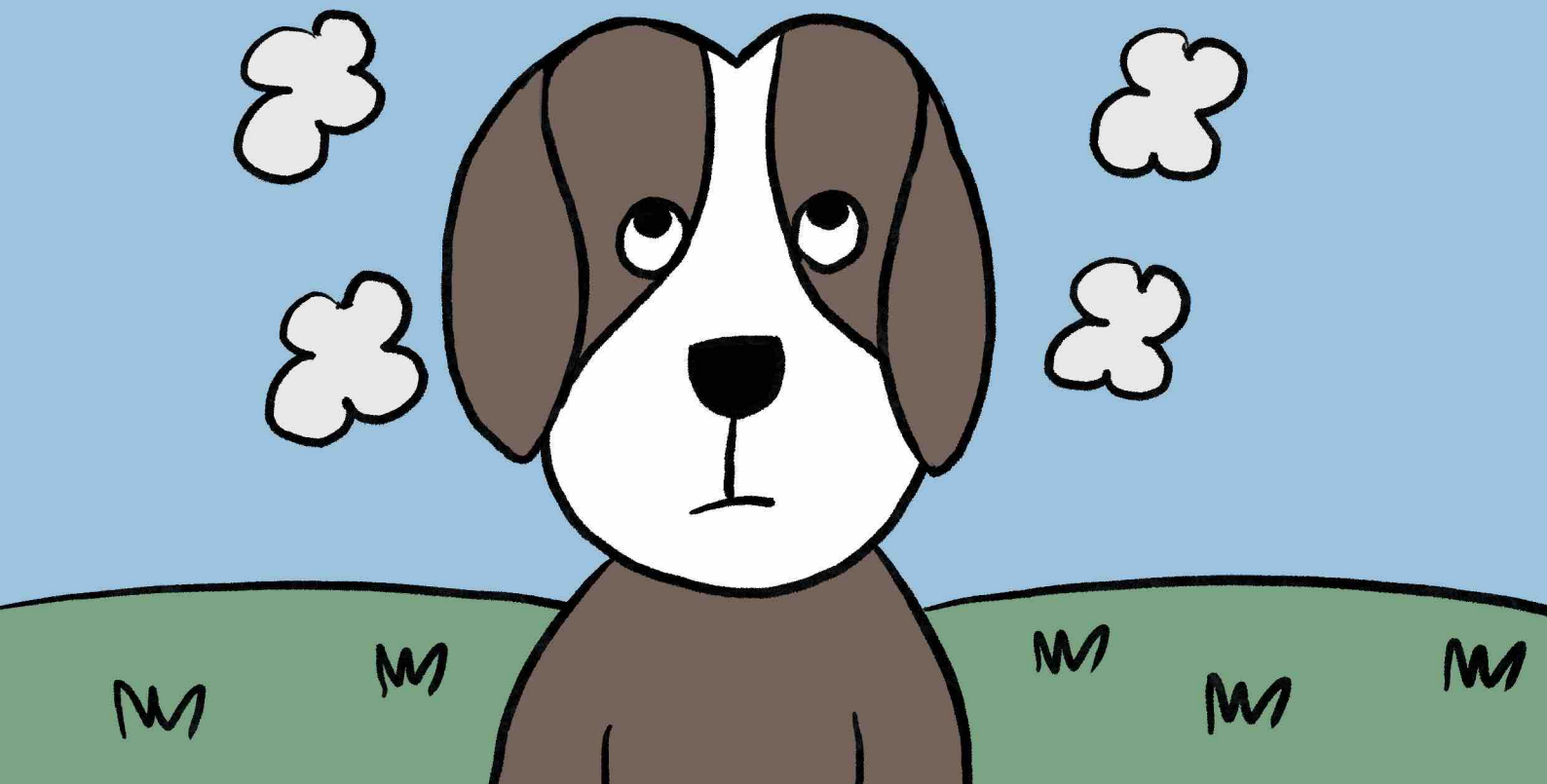
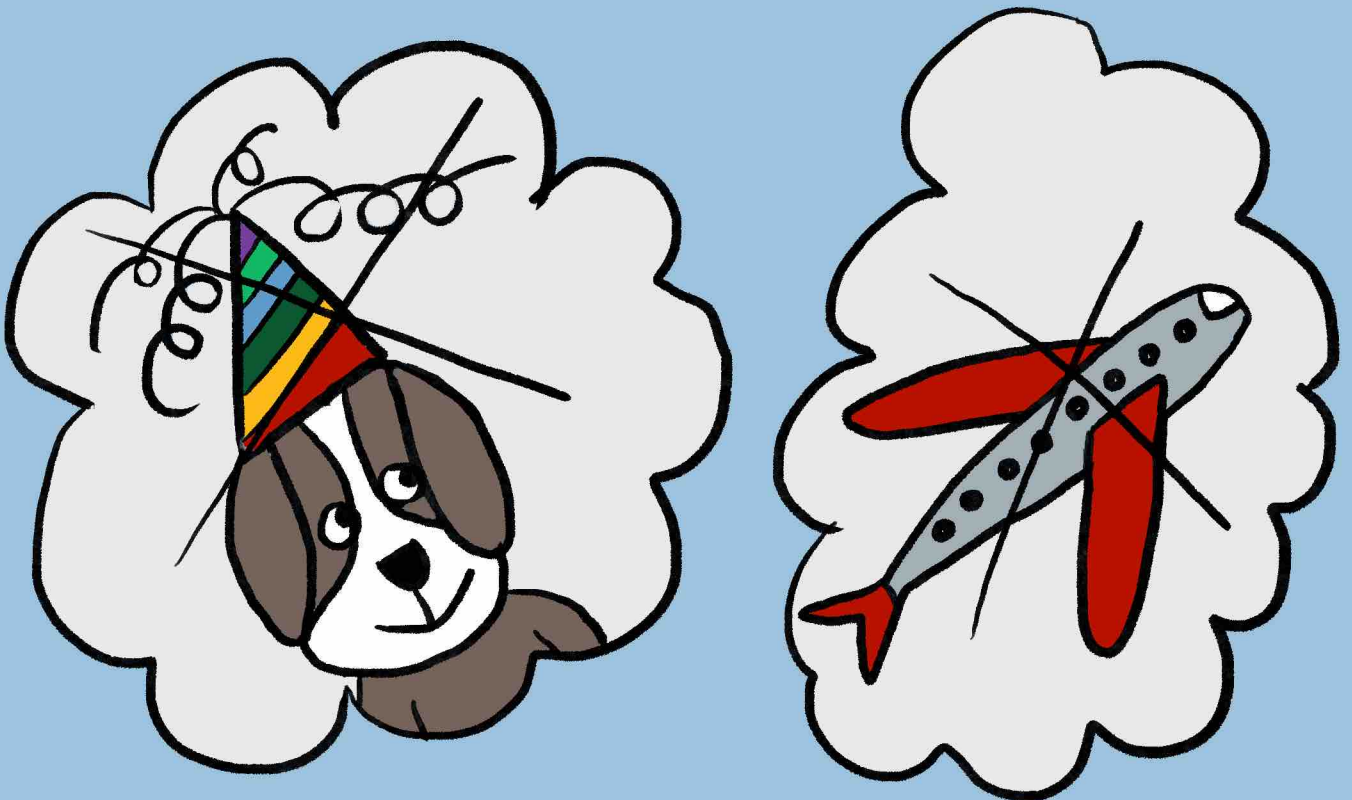
To be safe if Dave gets poorly he will have to
stay at home,
But his family would stay with him so he
would not be alone.



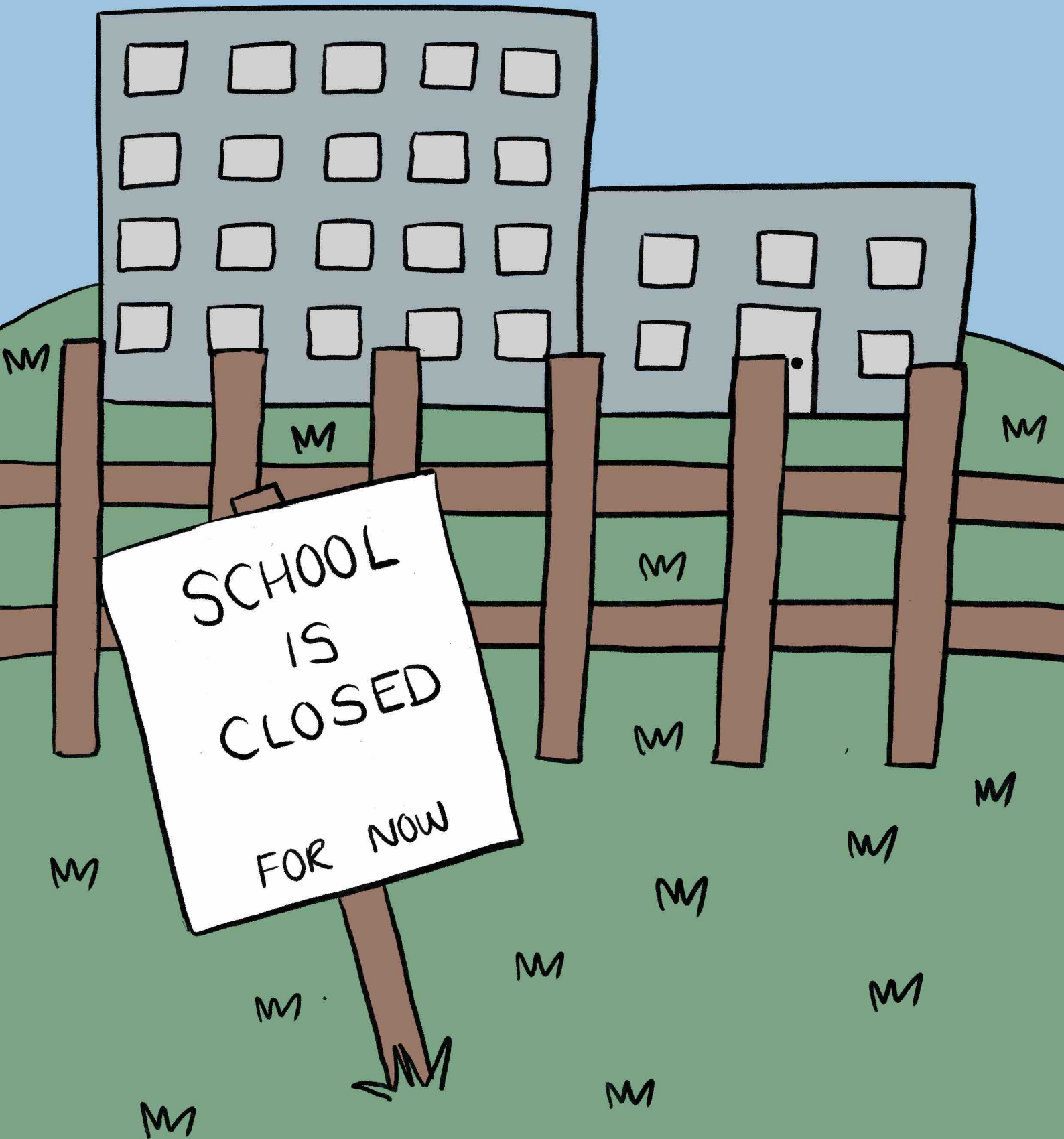
If he's been near others who are poorly then
he will stay home then too,
There will be plenty of food and lots of games
and things to do.



Many things have been cancelled and Dave
will not be able to go on holiday,
Also he might not see people he normally
does as at home they may need to stay.



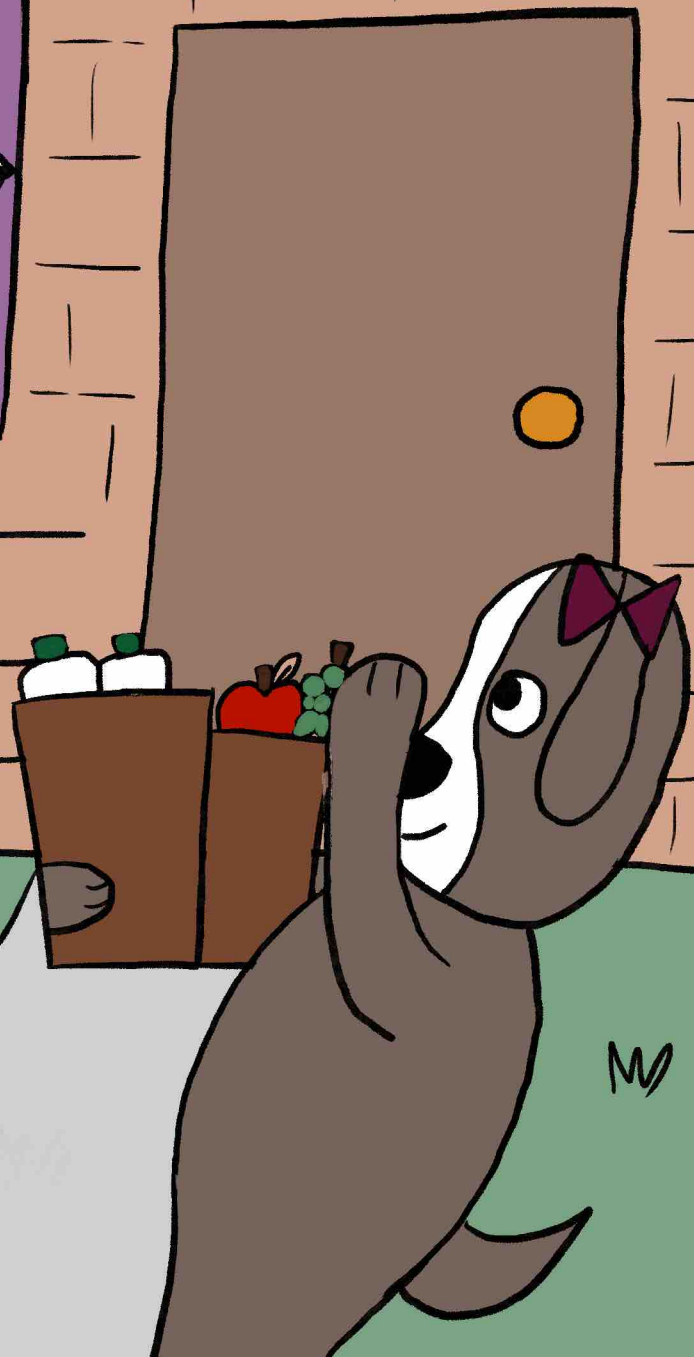
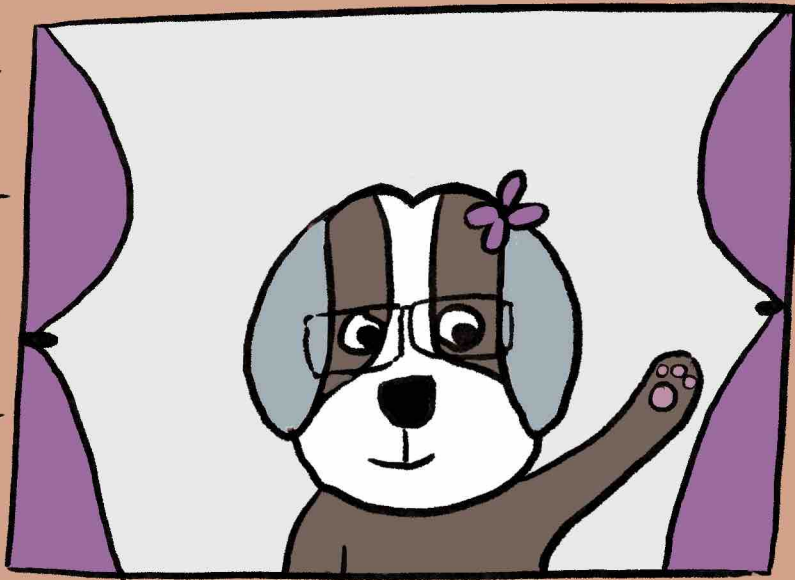
Some schools and shops have also closed to
stop lots of people being all together,
But just for now to keep people safe; it will
not be forever.



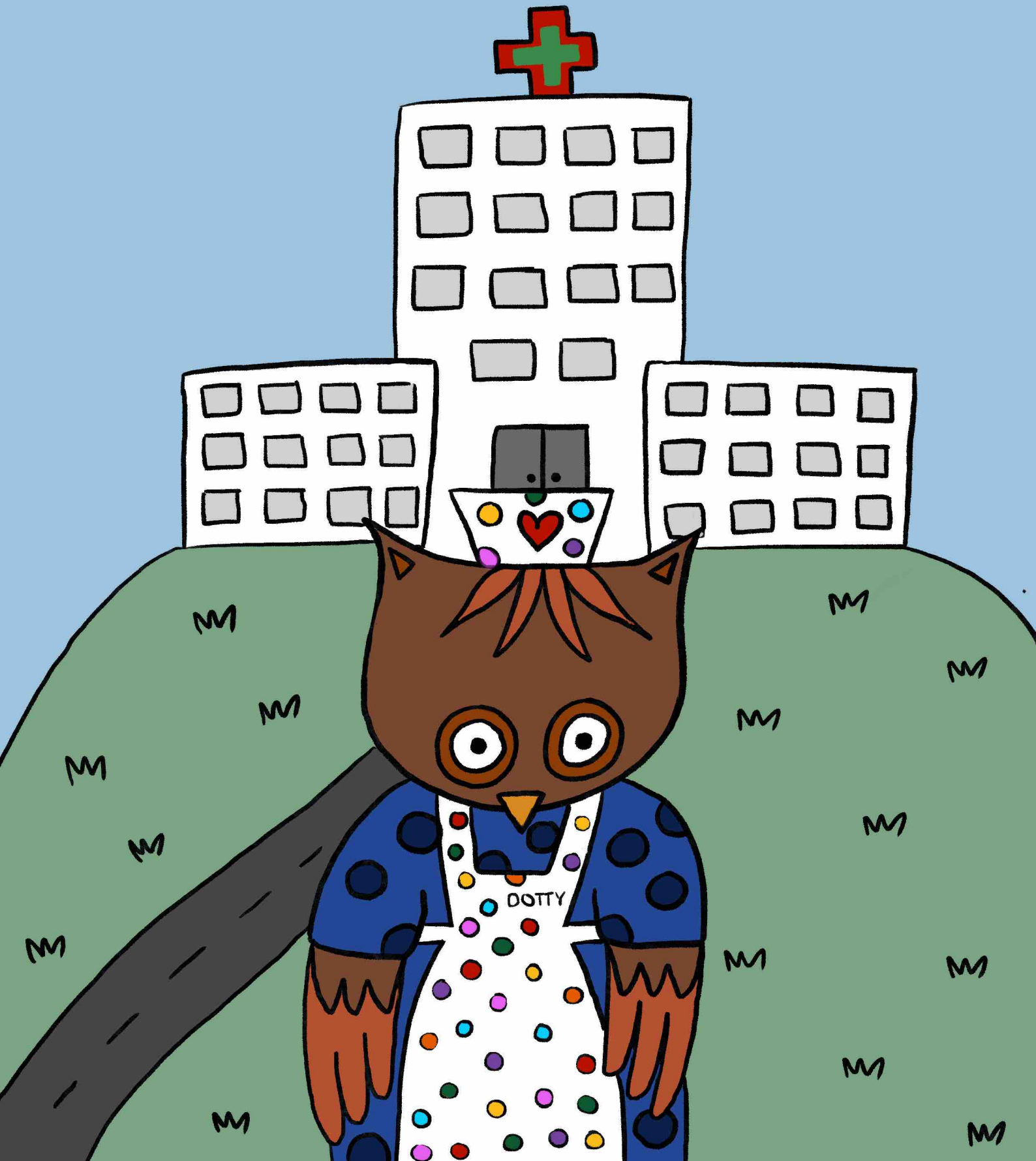
Dave has a grandma and he knows she is a
little bit old,
He is worried because coronavirus is more
dangerous for her he has been told.



Nurse Dotty says that it may make her more
poorly than it would him or his sister,
But that is why she will stay at home and
they will take what she needs to her.



If he gets coronavirus, Dave asks, will he need
to visit nurse Dotty at the hospital,
Nurse Dotty explains that no that's not the
case at all.



If he is poorly then home is the best place for
him to stay,
Unless he needs some help; only then would
to hospital he make his way.



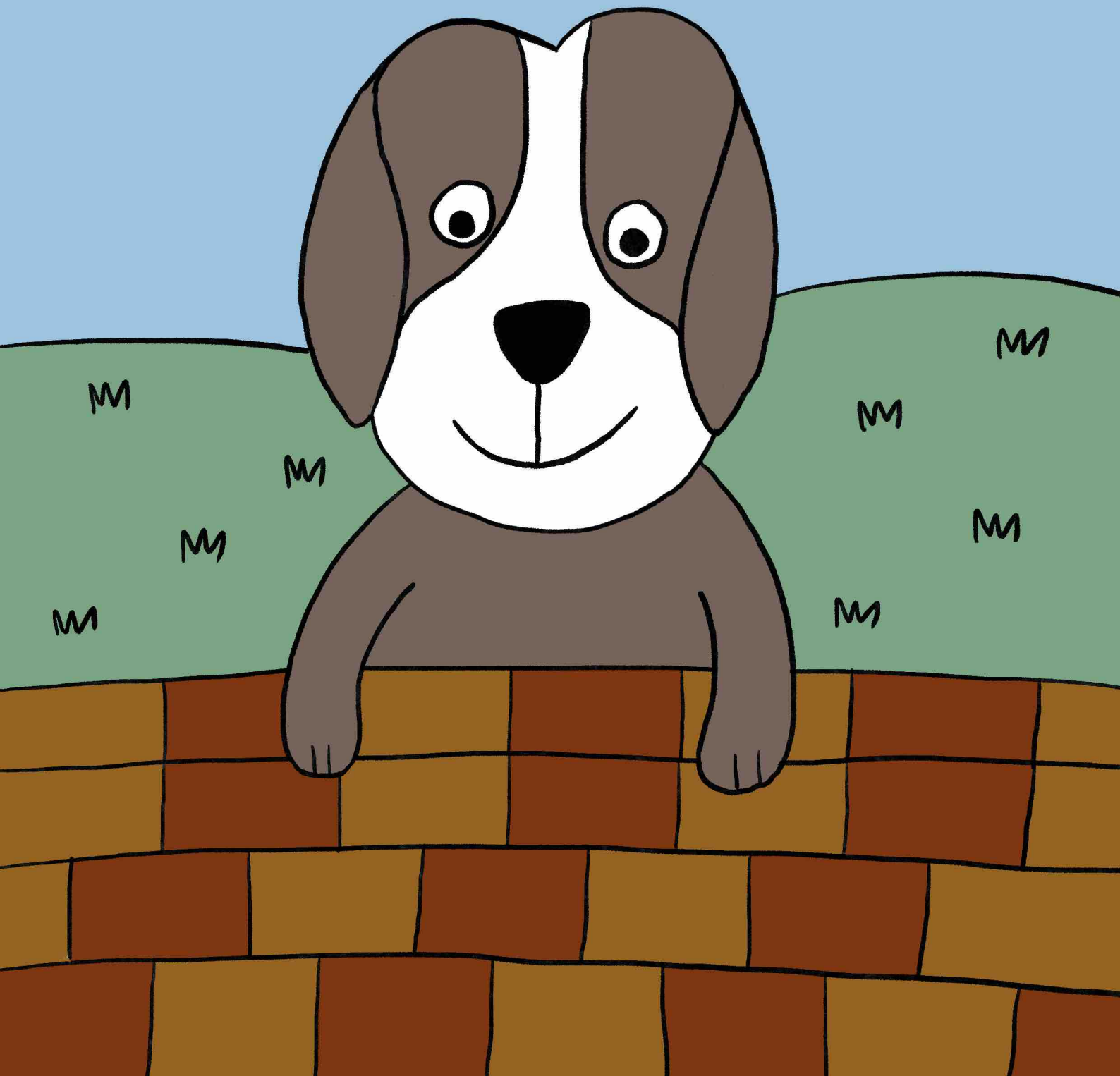
Nurse Dotty explains that on TV and everywhere people will say lots of things,
But no matter what Dave hears we are ready
for what coronavirus brings.



To keep everyone safe is the reason that
there are all these plans,
All Dave needs to do is stay calm and
remember to wash his hands.



Now Dave knows the truth he is no longer
scared,
He knows what to do to keep himself
prepared.



He knows to keep washing his hands and if
poorly at home he has to stay,
But most of all; now he knows he is going to
be okay.



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Dave the Dog is worried about coronavirus
a nurse Dotty book
Written and illustrated by Molly Watts

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