



Celebrating



World Oral Health Day



in Haringey



20th March 2024

“Be proud of your mouth. Take care of it and keep smiling.”

We are celebrating World Oral Health Day in Haringey on 20th March 2024. Good oral health is important for your overall physical and emotional wellbeing throughout life. You and your family should **brush your teeth twice a day, cut down on sugar, and have regular dental check-ups.**

Come and meet our friendly Oral Health Promotion Team, at the locations below:

Alexandra Primary School, N22 6UH	18th March, 08:30-13:30
Wood Green Library, N22 6XD	18th March, 12:00-15:30
Rising Green Youth Centre, N22 6JA	18th March, 16:30-20:00
Rowland Hill Children Centre, N17 7LT	20th March, 09:30-12:00
Tynemouth Road Health Centre, N15 4RH	21st March, 09:30-14:30
Tottenham Sport Centre, N17 8AD <i>(Community Market)</i>	4th April, 09:00-14:00

For more info, visit
haringey.gov.uk/oralhealth



How to find a
dentist, visit

