

# BROOK BILLBOARD

**Term Dates 2023 –  
2024**

**Autumn Term 1**

**Wednesday 6<sup>th</sup>  
September – Friday  
20<sup>th</sup> October 2023**



**R.E.S.P.E.C.T**

**A WELL BEING MINDSET**

Dear Parents and Carers

WELCOME BACK to a new academic year. I hope that you had an enjoyable and restful holiday.

It has been wonderful to see our children back in school and it is amazing how much they grow and mature over the six weeks' holiday. We are also delighted to welcome new children into the school and to have them as part of our Brook Family,

All classes have settled down extremely well and are getting used to new routines and, in some cases, working with new friends and staff. We will be sending home reading for pleasure books soon – please do spend time sharing these with your children.

One of our longstanding special needs support assistants – Rushi Joshi has decided to retire after 28 years of working in Haringey and with our special schools. We thank her for her dedication and commitment to the school and the children with whom she has worked and wish her a long and happy retirement. I am sure she will come back and visit us too.

We will be holding a series of parent workshops this year and look forward to welcoming you to those: topics will include e-safety, phonics, maths and managing behaviour.

As always, if you have worries or concerns or need information then please do make contact via the parent phone 07964 or contact your child's teacher via the home school book. We are privileged to have your children with us five days a week and always want to work in partnership with you to ensure that your child gets the best possible education and experience whilst with us.

Best wishes

From Maureen and the Brook Staff



## BOOK BAGS

Developing reading is a really important part of our curriculum and helps our children to communicate better. We send books home regularly and have provided book bags to every child who was in school last year. **Please look at home for the bag** as they cost £5 to replace and, as you know, money is very tight. Our new children will be given a bag soon.

## SNACKS

Please help us by sending in some snack foods to share with your child's class. Or, if you prefer, a small donation to help us buy these items. We are a NUT FREE school. Suitable snack foods are:-

- Apples, bananas and satsumas
- Raisins
- Bread sticks
- Rice cakes
- Cream crackers
- Rich tea or digestive biscuits

Thank you very much for your support – **as an advert says 'Every Little helps!'**

## PARENT FORUM in HARINGEY

The Parent Forum in Haringey is called SENDPOWER and it is open to all parents who have children with a disability.

They explain:

We are a group of parents and carers of children and young people with SEND in Haringey. we support each other and share our views with Haringey council and other decision makers, to help improve services for all SEND children and young people in the borough. It is free to join and parents who are already involved think it is great.

To find out more – check their website on [www.sendpowerinharingey.org](http://www.sendpowerinharingey.org)

## CHARITY EVENTS COMING SOON

### Libya and Morocco



Next Friday, 22<sup>nd</sup> is non uniform day to support the crises in Libya and Morocco. We would like children to wear one of the colours of those countries' flags – red/green for Morocco or red, green, black and white for Libya. A suggested donation of £1 would be appreciated but if you wish to send more then please do so. The money will be collected in class.

### The Smile Train





Every year we celebrate **National Smile Day** by supporting the Smile Train charity which operates on children with cleft palates. The raffle is only 20p per ticket and there are prizes for both children and adults. One operation can be performed for £120. The raffle will begin on **2nd October** and the raffle will be drawn on **Friday 5<sup>th</sup> October**. Please do support these two charitable events as they help our children to realise that they can help others around the world.

### Note from Felicia:-

Important notices at the end of this edition so please read through all pages!

- Saturday swimming club form
- Sleep study for SEND children
- MMR Update from Haringey

## Year 6 Secondary Transfer Meeting

Maureen and Felicia will be on hand to answer any questions or queries regarding visiting and applying for your child's secondary school for next academic year, this will be on

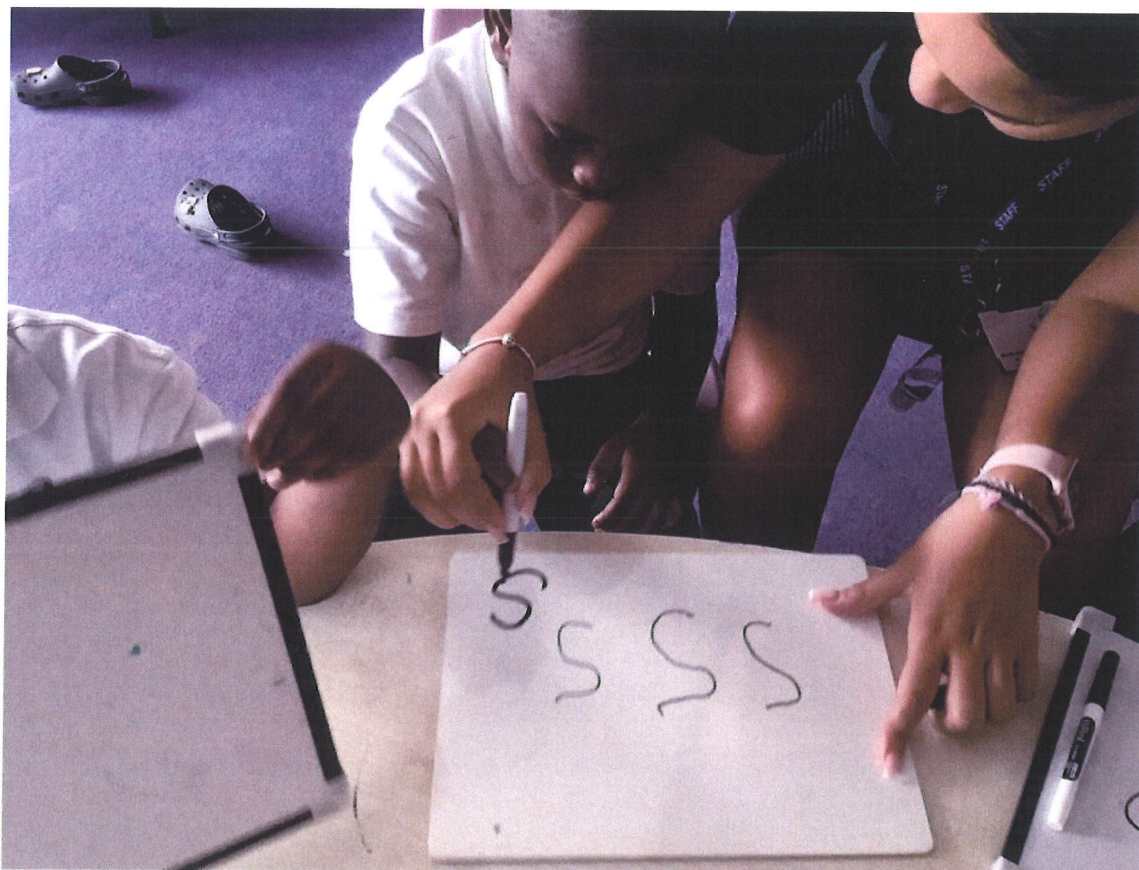
**Friday 22<sup>nd</sup> September @ 10am**

It will be held on Zoom and the link will be sent out next week!





## Brook Photo Gallery



Phonics and handwriting has begun in Ladybird Class!







*Nightingales making marks during fine motor skills session*

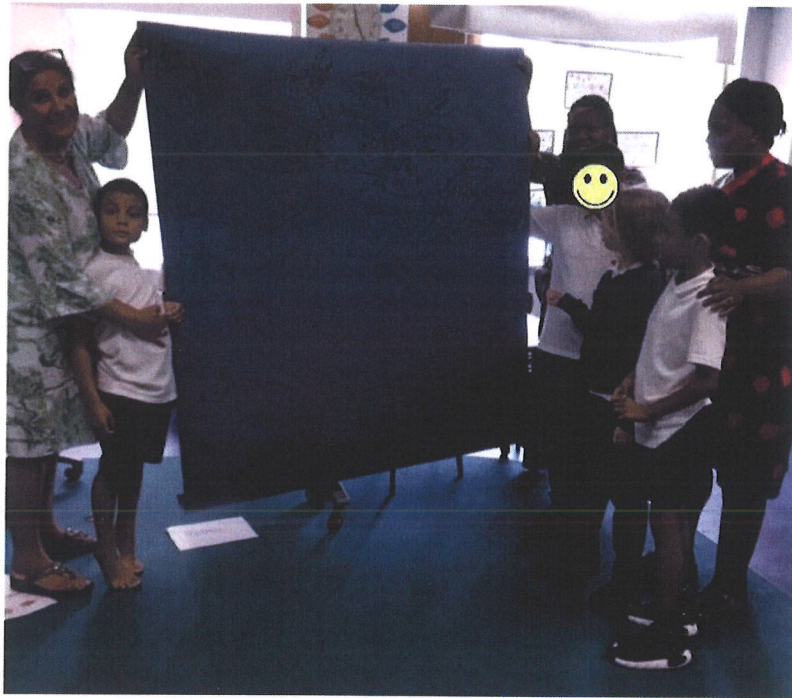




Nightingales doing number puzzle during math's lesson

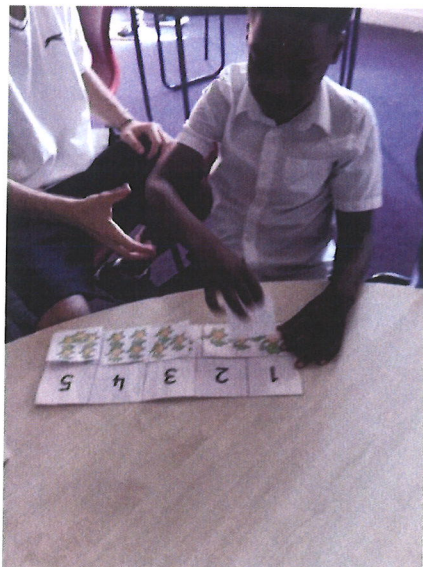
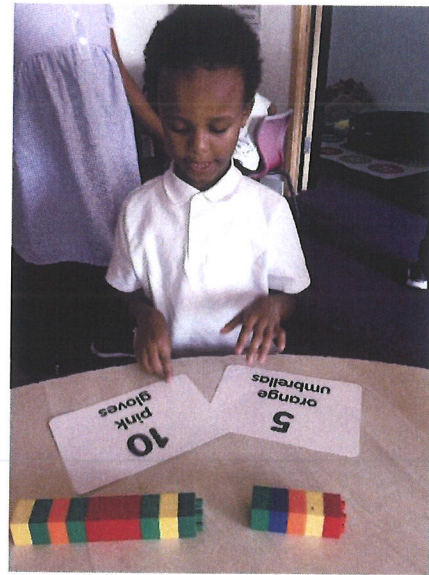
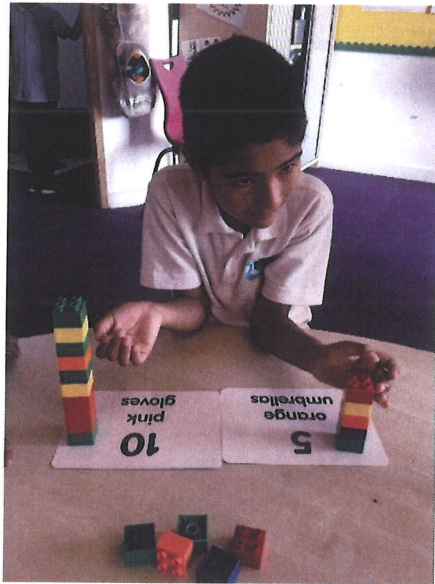




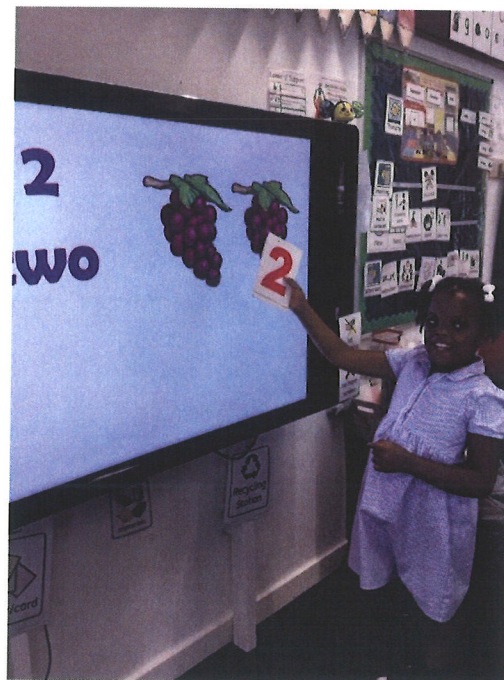
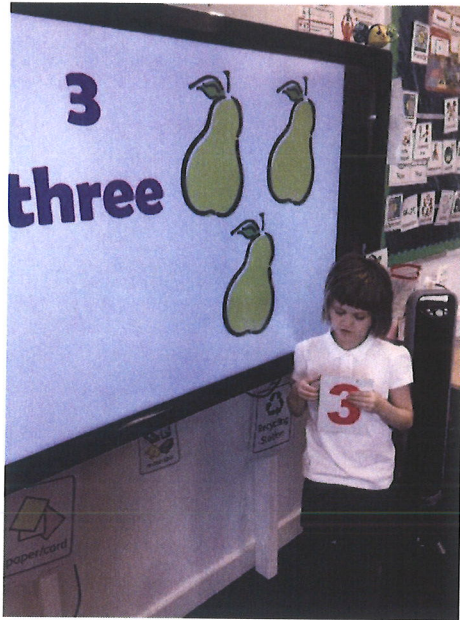


In science lessons this week Kingfisher class have been learning about different body parts. They had a fun time labelling the different parts of the body.



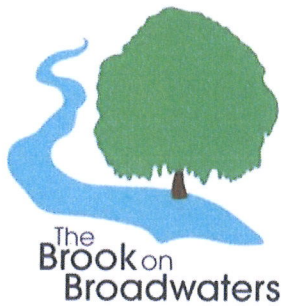






Bumblebee class are learning number recognition and counting during math session.





**The Brook Special School**  
Broadwaters Inclusive Learning Community  
Adams Road  
Tottenham  
N17 6HW

**Tel: 020 8808 7120**

**Fax: 020 8885 8809**

Email: [admin@thebrook.haringey.sch.uk](mailto:admin@thebrook.haringey.sch.uk)

Website: [www.thebrook.haringey.sch.uk](http://www.thebrook.haringey.sch.uk)

**Headteacher: Maureen Duncan MA, MEd, MSc, NPQH, FRSA**

**Deputy Headteacher: Sukina Campos**

**Registered Charity Number: 280180**

Tuesday 13<sup>th</sup> September 2023

Dear Parent/Carers,

We are going to resume our Saturday Swimming Club for Autumn term on **Saturday 23<sup>th</sup> September 2023** - **Saturday 16<sup>th</sup> December 2023**. This is a total of **11 sessions** at **£13.00** per lesson, totalling **£143.00** for the Autumn term. You have the option to pay in full or in 4 instalments.

Autumn 1 (23.09.2023-14.10.2023) 4 sessions **Full payment of £52** or **1<sup>st</sup> instalment of £26** will need to be made by **Friday 22<sup>nd</sup> September 3PM**. The **2<sup>nd</sup> instalment of £26** must be paid by **Friday 6<sup>th</sup> October 2023**.

Autumn 2 (23.00.2023) 7 sessions **Full payment of £91** or **3<sup>rd</sup> instalment of £45.50** must be paid by **Wednesday 3<sup>rd</sup> November 2023**. The **4<sup>th</sup> instalment of £45.50** must be paid by **Friday 24<sup>th</sup> November 2023**.

Your child **will not** be able to attend the club if payment has not been received.

You will be allocated the place for the whole term 11 sessions, so if you miss a session this cannot be refunded. A refund will only be given if the school cancels the lesson.

Please kindly return the attached form with your child's full name, class and preferred session time. However, we cannot guarantee the session time, as children will be grouped by age/ability/siblings. If you are still interested in attending the Saturday Swimming Club, please submit the form by

**Tuesday 19<sup>th</sup> September 2023.**

**Please note - If we do not receive enough interest for swimming, unfortunately the sessions will not go ahead.**

We will contact you directly (via letter/text/phone) to allocate your child a session time by **Thursday 21<sup>st</sup> September 2023**.

Payments can be made via bank transfer. We are not accepting cash payments.

**Bank details: The Brook Special Primary School**

**Lloyds Bank plc: Sort code: 77-91-10**

**Account number: 36284762**





**Ref:** Swim and Childs name

**Autumn term (11 sessions) £143**

**Autumn term (11 sessions) £143**

**\*4 sessions - £52.00/ 2 instalments of £26.00 to be paid by Friday 22<sup>nd</sup> September 3PM. The 2<sup>nd</sup> instalment of £26.00 must be paid by Friday 6<sup>th</sup> October 2023**

Dates of Swimming lessons Autumn 1	
1	23.09.2023
2	30.09.2023
3	07.10.2023
4	14.10.2023

**\*11 Sessions - £143.00/ 2 instalments of £45.50 to be paid by Wednesday 3<sup>rd</sup> November 2023. The 4<sup>th</sup> instalment of £45.50 must be paid by Friday 24<sup>th</sup> November 2023.**

Dates of Swimming lessons Autumn 2	
5	04.11.23
6	11.11.23
7	18.11.23
8	25.11.23
9	02.12.23
10	09.12.23
11	16.12.23

#### Session times

Session 1	11:30-12:00
Session 2	12:00-12:30
Session 3	12:30-13:00
Session 4	13:00-13:30
Session 5	13:30-14:00
Session 6	14:00-14:30

For any queries please contact the school office.

Thank You,

Carlos Teixeira  
Coach



**Please return completed form to the school office/in child's bag by**

**Tuesday 19th September 2023**

**Swimming Club (Autumn Term 2023)**

Child's Name: \_\_\_\_\_

Class: \_\_\_\_\_

Parents/Carers Name: \_\_\_\_\_

Parents/ Carers Contact Number: \_\_\_\_\_

I give permission for my child to attend the swimming club.

I agree to pay the costs of the club in **full or by instalment dates** and understand that refunds will only be given if the school has to cancel the club. I understand that I am unable to put my child into a club if I have existing monies owed to the school, or if I have not paid in full for the club in advance, or agreed a payment plan.

I understand there will be no refund of monies if my child is unable to attend a club due to an appointment, or if my child has an illness.

I understand that the school will no longer be accepting cash payments.

Parents signature: \_\_\_\_\_

**Autumn Term dates** – The club will run **Saturday 23<sup>rd</sup> September 2023 - Saturday 16<sup>th</sup> December 2023** (not including holidays).

Please indicate below by ✓ in the box if you will make payment in full or in instalments.

I will make full payment of £143.00 [ ]

I will pay in 4 instalments [ ]

Session times – please put 1,2 or 3 for your order of preference, with 1 being your 1<sup>st</sup> choice

	Times	Order of preference
Session 1	11:30-12:00	
Session 2	12:00-12:30	
Session 3	12:30-13:00	
Session 4	13:00-13:30	
Session 5	13:30-14:00	
Session 6	14:00-14:30	





August 2023

**Invitation letter**  
**Sleeping Well, Thinking Well**

Dear Parent/Carer,

We are writing to invite you to take part in a study investigating sleep and executive functions, led by Dr Anna Joyce, a chartered psychologist at Regent's University London.

For children with special educational needs and/or disabilities there is limited understanding of how sleep affects 'executive functions'. These are skills such as attention, inhibition and problem-solving, which are needed to control and regulate behaviour. The purpose of the study is to assess children's sleep and executive functions at two time-points, six months apart. We want to see whether there are changes in children's sleep over time, and whether these changes are associated with changes in their executive functions. We predict that better sleep will be associated with better executive function skills.

During the study we would ask your child to wear a movement-sensing watch for one week to measure their activity level, and a pulse oximeter overnight for three nights to measure their heart rate and oxygen saturation through an infrared sensor on their finger or toe. We will send these in the post and will ask you to return them in a pre-paid postage envelope. We will ask you to complete some questionnaires about your child's behaviour, which take around 30 minutes; and we will arrange an online video call with your child where they will spend 30-45 minutes doing some cognitive tasks. These are designed to be fun and most children enjoy doing them. Six months later, we will ask you to repeat the process.

As a thank you for taking part, your child will receive a certificate and a £5 voucher for each session that they take part in. After each session we will send you a detailed, personalised feedback report with your child's sleep results and performance on the cognitive tests. If there are any concerns with their sleep we will let you know. At the end of the study we will send you a summary of the overall findings.

We are looking for children to take part in the study who are aged 5 to 11 years and have special educational needs and/or disability. Children should not be taking stimulant drugs (e.g. Ritalin to control symptoms of ADHD), or hypnotic medication to help them sleep, but they may take Melatonin.

This study strictly adheres to the General Data Protection Regulation 2016 (GDPR). It has been approved by Regent's University London's Psychology Research Ethics Committee, which means that it conforms to UK standards for the protection of the participants, their confidentiality, the researchers and the University.

If this study sounds like something you want to take part in, please visit <https://tinyurl.com/sleepingwell1> for more information and to sign up to take part. If you have any questions about the study please feel free to contact me using the details below.

Research Assistant: Noah Scott-Fielder, BSc MSc (he/him)  
Email: [noah.scott-fielder@regents.ac.uk](mailto:noah.scott-fielder@regents.ac.uk)  
Tel: 020 7487 7691

You may also contact the lead researcher, Dr Anna Joyce, BSc MSc PhD CPsychol (she/her)  
Email: [anna.joyce@coventry.ac.uk](mailto:anna.joyce@coventry.ac.uk)  
Tel: 020 7487 7409

Yours faithfully,  
Noah Scott-Fielder



Does your child  
have special  
educational  
needs?



Regent's University London is  
conducting a study on sleep and  
cognitive functions in neurodivergent  
children, led by Chartered  
Psychologist Dr Anna Joyce.



We are looking for children aged 5 to 11  
years, living in the UK, and that  
are neurodivergent/have special  
educational needs (SEND) to take part in an  
exciting new study.

Children's sleep will be measured at home using an  
activity watch and pulse oximeter. They will also take  
part in an online video meeting to play games  
that measure their cognitive abilities now, and again in  
six months. All parts of the study can be completed at  
home at a time that is convenient to you.

**£10 IN VOUCHERS + CERTIFICATE +  
DETAILED FEEDBACK ON SLEEP AND  
COGNITION FOR PARTICIPATING**

For more information or to sign up, please visit the  
link below or scan the QR code. You can also contact  
the Research Assistant, Noah Scott Fielder, at  
[noah.scott-fielder@regents.ac.uk](mailto:noah.scott-fielder@regents.ac.uk) with any  
questions. Thank you.



[www.tinyurl.com/sleepingwell1](http://www.tinyurl.com/sleepingwell1)



**Important information from the Director of Public Health**  
Dr Will Maimaris

The London Borough of Haringey  
Civic Centre,  
High Road,  
Wood Green,  
London,  
N22 8LE  
[PublicHealth@Haringey.gov.uk](mailto:PublicHealth@Haringey.gov.uk)

Date: 4 September 2023

Dear Parent/Guardian,

**Measles update: getting your child vaccinated can prevent them from being sent home from school to self-isolate.**

We continue to see an increase in Measles circulating in London. Please make sure your child's Measles, Mumps and Rubella (MMR) vaccinations are up to date as they start at or return to school.

**Measles is highly contagious and can lead to complications such as ear and chest infections, fits, diarrhoea, damage to the brain, long term disability or death. It's vital that missed vaccinations are caught up.**

Your child is up to date with their MMR vaccinations when they have had two doses of this vaccination. The MMR vaccine has been delivered for decades and many studies demonstrate it is safe and effective. The evidence is clear that there is no link between the MMR vaccine and autism. The vaccine provides your child 99% life-long protection and helps to reduce further spread of the infection in our community.

**If your child is identified as a close contact of someone with measles and your child is not fully vaccinated against MMR (both doses), your child may be asked to self-isolate for up to 21 days. This could mean your child missing school for up to 21 days.**

**However, children who are fully vaccinated will not be excluded from school as they are well protected and will not continue to spread the infection. Vaccination can help keep your child in school.**

Spending 15 minutes or more in direct contact with someone infected with measles is enough to spread the infection. Measles symptoms are:

- High Fever
- Sore, red, watery eyes
- Coughing
- Aching and feeling generally unwell
- A blotchy red/brown rash, which usually appears after the initial symptoms

**A child with measles will infect almost all unprotected people they come into contact with. Measles is not just a problem for young children, anyone whose immunity is weakened and pregnant women are at increased risk of severe disease if unprotected by vaccination**

Anyone with symptoms that could be measles is advised to stay at home (from work or school) and phone their GP or NHS 111 for advice, rather than visiting their GP practice or A&E. This is because measles spreads very quickly and easily and so it is important to try and prevent the illness spreading further.

You can check your child is up to date with their MMR vaccinations by looking at their personal health record (Red Book) or by asking your GP practice. If your child is not up to date, make an appointment for your child to have the vaccination as soon as possible (see details on how to make an appointment below).

Yours Sincerely,



**Dr Will Maimaris,  
Director of Public Health**





## Frequently Asked Questions and Other Advice & Useful Information

### Is the MMR vaccine safe and effective?

These vaccinations have been administered for decades and are considered safe and effective at preventing illness. Many studies have taken place to look at the safety and effectiveness of the MMR vaccine. The evidence is clear that there is no link between the MMR vaccine and autism.

### My child is school-aged, how do I get them vaccinated?

If your child is in Primary or Secondary school in Haringey, you can book into a clinic online with the school-aged immunisations provider Vaccination UK:

<https://www.schoolvaccination.uk/catch-up-clinics/polio-mmr-catch-up-clinics>  
or <https://www.schoolvaccination.uk/catch-up-clinics>

Alternatively, you can book an appointment by calling 0208 017 4292.

### Other useful advice & information

- Washing your/your children's hands with soap and water or using hand sanitiser regularly throughout the day also helps you avoid catching and spreading viruses.
- As a parent/adult, if you are unsure of your own vaccination status/not protected against Measles, check with your GP. **It's never too late to get vaccinated!**
- For further information about Measles infections, please check out the information below:  
<https://www.nhs.uk/conditions/measles/>
- For further information about the vaccine and vaccines schedule:  
<https://www.nhs.uk/conditions/vaccinations/mmr-vaccine/>  
[www.nhs.uk/conditions/vaccinations/nhs-vaccinations-and-when-to-have-them](https://www.nhs.uk/conditions/vaccinations/nhs-vaccinations-and-when-to-have-them)

