

Broadwaters' Inclusive Learning Community Winter Menu 2022-2023
The Brook special, The Willow, Broadwaters' Children's Centre
Adams N17 6HW 0200 8808 7120, 020 8885 8800 8800, 020 8885 8801
Email: admin@thebrook.haringey.sch.uk admin@thewillow.haringey.sch.uk

Week 1 dates: 21-11-22, 04-1-2023, 30-01-2023 27-3-2023 27-3-2023
Week 2 dates: 28-11-22, 09-1-2023, 06-02-2023 06-3-2023 03-4-2023
Week 3 dates: 05-12-22, 16-1-2023, 13-2-2023 13-03-2023
Week 4 dates: 12-12-22, 23-1-2023, 20-2-2023 20-3-2023

ALL FOOD is HALAL
EVERY day we have fresh
salads, fruit, bread,
seasonal vegetables.

Week ONE	Week TWO	Week THREE	Week FOUR
<p>Tuna pasta bake Jackets potatoes & tuna, cheese Coconut rice pudding</p> 	<p>Beef lasagne Vegetarian Mediterranean pasta Garlic bread Strawberry yogurt</p> 	<p>Chicken Hot Dog Bun Macaroni Cheese Potato Wedges Fruit Cocktail</p> 	<p>tomato and basil chicken Vegetable and Lentil Casserole Herb potatoes with butter Chocolate Brownies</p> 
<p>Chicken fried rice Cheese & tomato pizza & b. beans Freshly baked chocolate chip biscuits</p> 	<p>Indian butter chicken Quorn Ratatouille Turmeric rice Cinnamon Churros</p> 	<p>Chicken & potato stew Steam rice Baked bean lasagne Coconut scones</p> 	<p>Barbeque Chicken Primavera Pasta (spring vegetables) Vegetable rice Fruit flapjack slice (oats)</p> 
<p>Cajun roast Chicken Vegetable pie Mango frozen yogurt</p> 	<p>Chicken/beef Burger Potato Wedges/Baked beans Fruit cocktail</p> 	<p>Roast Turkey, Roast potatoes Roasted Vegetable Couscous Fruit Jelly</p> 	<p>Beef Meatballs Spring Vegetable bake Pasta Peach Slices</p> 
<p>Lamb & potato stew/Veg casserole Jollof rice Lemon drizzle cake & custard</p> 	<p>Lamb Bolognese Spaghetti Broccoli and Pasta Bake Apple and Coconut Crumble and custard</p> 	<p>Curry Roast Chicken Vegetable chow Mein (noodles) Vegetable Rice Carrot and Sultana cake and custard</p> 	<p>Jerk chicken (Spicy) Cheese and Broccoli Quiche (flan) Rice and peas Fruit</p> 
<p>Cod fish bites, Cheesy potato & onion pasty Chips</p> 	<p>Fish Goujons/Chicken Nuggets Vegetarian Tortilla Wraps Baked beans</p> 	<p>Fish fingers Chees and Tomato Pizza Chips</p> 	<p>Battered Fish Vegetarian Sausage Chips, Baked beans</p> 